

So Contagious

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Karl-Harry Winson (UK) - March 2014

Music: Impossible Heart - Paloma Faith : (Album: A Perfect Contradiction)



Intro: 16 Counts (Start on Vocals)

Walks Forward: Right, Left. Rock 1/4 turn Right. Side. Cross Step. 1/4 Turn Left. Left Sailor 1/4 Cross.

- 1 – 2 Walk forward on Right. Walk forward on Left.
- 3&4 Rock forward on Right. Recover weight on Left making 1/4 Right. Step Right out to Right side. [3.00]
- 5 – 6 Cross Left over Right. Make 1/4 Turn Left stepping Right back. [12.00]
- 7&8 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Cross step Left over Right. [9.00]

Side Toe Touch. Step Together. Left Monterey 1/4 Turn. Right Kick Ball-Touch. Body Ripple/Dip.

- 1 – 2 Touch Right toe out to Right side. Step Right in place beside Left.
- 3 – 4 Touch Left toe out to Left side. Make 1/4 turn Left stepping Left in place beside Right as you turn. [6.00]
- 5&6 Kick Right foot forward. Step Right beside Left. Touch Left toe forward.
- 7 – 8 Body ripple leading from head down the body, keep weight back on Right foot.

Alternative movement for counts 7 – 8

- 7 – 8 Dip body by bending knees slightly. Straighten Knees but keep weight back on Right foot.

Step. 1/2 turn Left. Coaster Step. Cross-Point. Left Samba Step.

- 1 – 2 Step forward on Left. Make 1/2 turn Left stepping back on Right. [12.00]
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left.
- 5 – 6 Cross Right over Left. Point Left toe out to Left side.
- 7&8 Cross Left over Right stepping it slightly forward. Rock Right out to Right side. Recover weight on Left.

Right Jazz Box 1/4 Cross. Right Side Rock Cross. Left Side Rock Cross. Point.

- 1 – 2 Cross Right over Left. Make 1/4 Right stepping back on Left. [3.00]
- 3 – 4 Step Right out to Right side. Cross step Left over Right.
- 5&6 Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.
- &7 Rock Left out to Left side. Recover weight on Right.
- &8 Cross step Left over Right. Point Right toe out to Right side. [3.00]

Start Again!

Contact: www.karlwinsondance.moonfruit.com - karlwinsondance@hotmail.com or 07792984427