Momma's Two Step

Level: Improver

Choreographer: Gaye Teather (UK) - 2012

Count: 32

Music: God Bless You Mother - Dave Sheriff : (CD: Work Of Art)



Track available from iTunes or www.davesheriff.com (200/100bpm (written as 100 bpm).)

Wall: 4

16 count intro - Dance rotates in CW direction

Side Right. Together. Shuffle forward. Side Left. Together. Shuffle forward

- 1 2Step Right to Right side. Step Left beside Right
- 3&4 Step forward on Right. Step Left beside Right. Step forward on Right
- 5-6 Step Left to Left side. Step Right beside Left
- Step forward on Left. Step Right beside Left. Step forward on Left 7&8

Step. Pivot quarter turn Left. Cross shuffle. Chasse Left. Sailor quarter turn Right

- Step forward on Right. Pivot quarter turn Left (Facing 9 o'clock) 1 - 2
- 3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left
- 5&6 Step Left to Left side. Step Right beside Left. Step Left to Left side
- Quarter turn Right crossing Right behind Left. Step Left to Left side. Step Right forward 7&8 (Facing 12 o'clock)

Forward rock. Coaster step. Forward rock. Quarter turn Right. Chasse Right

- 1 2Rock forward on Left. Recover onto Right
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left
- 5 6Rock forward on Right. Recover onto Left
- 7&8 Quarter turn Right stepping Right to Right side. Step Left beside Right. Step Right to Right side (Facing 3 o'clock)

Left cross rock & Right cross rock & Left forward rock. Coaster cross

- 1 28Cross rock Left over Right. Recover onto Right. Step Left beside Right
- 3 48Cross rock Right over Left. Recover onto Left. Step Right beside Left
- 5 6 Rock forward on Left. Recover onto Right
- 7&8 Step back on Left. Step Right beside Left. Cross Left over Right

Start again

Ending: As the song ends you will be facing 9 o'clock. To change this to finish facing front simply substitute the final 2 counts (Left coaster cross) with 'Behind. Quarter turn Right. Step'

