Rope It Off



Count: 40 Wall: 0 Level: Phrased High Beginner

Choreographer: Jamie Marshall (USA) - March 2014

Music: Rope It Off - Cowboy Troy



Phrased – A,A,B,B,A,A,B,B,A,A,A,A,B-** (24 cts), Hold 4 Counts when it says "STOP...GREEN LIGHT, 16 cts OF DO YOUR OWN THING, B, A REST OF SONG

A. □TAG

STEP, TOUCH, STEP, TOUCH, CLAPS W/ STOMPS, KICK, STEP, TRIPLE BACK, STEP, TOUCH MAKING BOX

1,2,3,4 Step L to L (1), Touch R next to L (2), Step R to R (3), Touch L next to R (4)

5&6& Clap as stomp L in place, (5), Clap as stomp R in place (&), Kick L forward (6), Step L next to

R (&)

7&8 Step R back (7), Step L next to R (&), Step R back (8)

1,2,3,4 Step L to L (1), Touch R next to L (2), Turn ¼ L, stepping R to R (3), Touch L next to R (4) 5,6,7,8 Turn ¼ L, stepping L to L (5), Touch R next to L (6), Turn ¼ L, stepping R to R (7), Touch L

next to R (8)

B. DANCE

JAZZ BOX, TRIPLE L, 1/2 R TRIPLE

1,2,3,4 Cross L over R (1), Step R back (2), Step L to L (3), Cross R over L (4)

5&6 Step L to L (5), Step R next to L (&), Step L to L (6)

7&8 Turn ½ R (R Shoulder back), stepping R to R (7), Step L next to R (&), Step R to R

JAZZ BOX, TRIPLE L, 1/2 R TRIPLE

1,2,3,4 Cross L over R (1), Step R back (2), Step L to L (3), Cross R over L (4)

5&6 Step L to L (5), Step R next to L (&), Step L to L (6)

7&8 Turn ½ R (R Shoulder back), stepping R to R (7), Step L next to R (&), Step R to R

HEEL TAP, TOUCH, POINT, STEP, HEEL TAP, TOUCH, POINT, STEP, CLAPS, KICK, HITCH, BACK TRIPLE

1&2& Tap L heel forward (1), Touch L next to R (&), Point L to L (2), Step L next to R (&)
3&4& Tap R heel forward (3), Touch R next to L (&), Point R to R (4), Step R next to L (&)

5&6& Clap (5), Clap (&), Kick R forward (6), Hitch R (&)
7&8 Step R back (7), Step L next to R (&), Step R back (8)

VINE L, TOUCH, ¼ R TRIPLE FORWARD, STEP, PIVOT ½

1,2,3,4 Step L to L (1), Cross R behind L (2), Step L to L (3), Touch R next to L (4)**

(**When the song says "STOP, GREEN LIGHT"... "do your own thing" for 16 counts, then back to A)

5&6 Turn ¼ R, stepping R forward (5), Step L next to R (&), Step R forward (6)

7,8 Step L forward (7), Pivot ½ R, taking weight on R (8)

(At the end of the track, you have finished the dance then the music starts something strange...just fade out or step, touch)

Contact: thejamiemarshall@att.net - www.ftwaynedanceforall.com

Last Update - 30th March 2014