# The Long Way Home



Count: 32 Wall: 4 Level: Beginner / Improver

Choreographer: Mike Stringer (UK) - May 2014

Music: The Long Way Home - Derek Ryan



#### 16 Count Intro (begin on vocals)

### #1:□SIDE SHUFFLE, BACK ROCK, HIP ROLL X2

1&2 Step right to side, close left next to right, step right to side

3-4 Rock left back, recover onto right5-8 Roll hips full circle twice anticlockwise

(Easy option: hip bumps left, right, left, right)

## #2:□SIDE SHUFFLE, BACK ROCK, HIP ROLL X2

1&2 Step left to side, close right next to left, step left to side

3-4 Rock right back, recover onto left5-8 Roll hips full circle twice clockwise

(Easy option: hip bumps right, left, right, left)

## #3:□FORWARD SHUFFLE, FORWARD ROCK, BACK SHUFFLE, BACK ROCK

1&2 Step right forward, close left next to right, step right forward

3-4 Rock forward on left, recover onto right

5&6 Step left back, close right next to left, step left back

7-8 rock back on right, recover onto left

## #4:□1/8 TURN (HOOLA HOOP) X2, HEEL, TOE, HEEL, TOGETHER

Step right forward turning 1/8 turn left rolling hips (left to right, hoola hoop style)
Step right forward turning 1/8 turn left rolling hips (left to right, hoola hop style)

Touch right heel forward, touch right toe across left shin
Touch right heel forward, step right in place next to left

## TAG:□DANCE ONCE AT THE END OF WALL THREE (FACING 3 O'CLOCK)

#### S1:□RIGHT VINE, LEFT ROLLING VINE

1-4 Step right to side, step left behind, step right to side, touch left next to right

5-8 step left forward turning ¼ left, step back right turning ½, step left to side turning ¼, scuff right

Across left

(Easy option: replace rolling vine with a left grapevine, scuff)

#### S2:□JAZZ BOX, HEEL SWITCH X3, HITCH

1-4 Step right across left, step left back, step ride to side, step left in place next to right

5-8 Touch right heel forward, switch to left heel forward, switch to right heel forward, hitch right

Knee

Smile, enjoy and have fun

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