# Eez-Eh



Count: 40 Wall: 4 Level: Phrased High Intermediate

Choreographer: Linda McCormack (UK) & Gemma McCormack (UK) - April 2014

Music: Eez-Eh - Kasabian



Count in: 32 count intro - Notes: 1 Restart

Phrasing: □A, B, A (Restart after 16 count), A, B, A, A, B, A, A, B A, A, B

#### Part A - 32 counts

# [1-8]□Switches (R,L); together; R forward; hip thrusts; R coaster step; L forward; ¼ pivot□

Touch RF to right side (1); step RF together with LF (&); Touch LF to L side (2);

&3&4 Step LF together with RF (&); Step RF forward [weight even] (3); thrust hips forward and

back [with slight bent knees] (&4);

R coaster step [step R behind, L together, R forward] (3&4);

Step forward on LF (7); ¼ pivot [facing 3 o clock wall] (8);

# [9-16] ☐ Cross; ¼ back; sweeps x 2 (R,L); L coaster step; ½ twists x 2

1,2 Cross LF over RF (1); 1/4 turn over L shoulder stepping back on RF [facing 12 o clock wall](2);

3,4 Step LF together with RF whilst sweeping RF round (3); step RF together with LF whilst

sweeping LF round (4);

L coaster step [LF behind, RF together, LF forward] (5&6);

7.8 [keep feet in position] twist ½ turn [to 6 o clock wall] (7); twist ½ turn [back to 12 o clock wall]

(8);

#### [17-24] $\square R$ shuffle forward; L forward mambo; heel twists; ¼ monteray

1&2 Shuffle forward on the RF [forward on RF, together with LF, forward on RF] (1&2);

3&4 Forward on LF (3); recover weight back onto RF (&); step LF together with RF (4);

5&6 [feet together] twists heels to R (5); twist toes to R (&); twist heels to R (6);

7&8 Touch RF to R side (7); bring RF into meet LF whilst turn ½ over R shoulder [facing 3 o clock]

(&); touch LF to L side (8);

#### [25-32]□Cross, side and cross side; Rock back recover; side, step together

1,2&3,4 Cross LF over R (1); step RF to R side (2); step LF together with RF (&); cross RF over LF

(3); step LF to L side (4);

5,6 Rock RF behind LF (5); recover weight back onto LF (6);

7,8 Step RF to R side (7); step LF next to RF [weight ends on LF](8);

### Part B - 8 counts□

# [1-8] $\square$ Step, step forward; 3 x hip bumps turning ½; touch together; kick, boogie walks x2; ½ turn stepping together

&.1.2.3.4 Step RF in place (&); step forward on LF with a hip bump (1); 2 x hips bumps turning ½ turn

over R shoulder [to face 9 o clock] (2,3); touch RF together with LF (4);

5& Kick RF into R diagonal (5); step RF together with LF (&);

6,7,8 Boogie walks x 2 [L,R] (6,7); turning a ½ over R shoulder [to face 3 o clock] step LF together

with RF (8);

# Parts A & B both leaving RF available to start again on the R switch