Joops Jump - Chair Dance

Level: Chair Dance

Count: 48 Choreographer: Pat Margarita (USA) - June 2014 Music: Joop's Jump - Rockin' Louie

Instructor Faces Group, Sitting

SITTING IN CHAIR, FEET FLAT ON THE FLOOR, MIRROR INSTRUCTORS MOVES.

FORWARD, BACK, SIDE TOGETHER TOUCHES, LEFT SIDE, RIGHT SIDE 32 COUNTS

- 1-4 TOUCH LEFT TOE FORWARD, BACK, FORWARD BACK
- 5-8 TOUCH LEFT TOE OUT TO LEFT, IN, OUT, IN
- 1-4 TOUCH RIGHT TOE FORWARD, BACK, FORWARD, BACK
- 5-8 TOUCH RIGHT TOE OUT TO RIGHT, IN, OUT, IN
- 1-16 REPEAT BOTH PATTERNS LEFT AND RIGHT.

FORWARD KICKS FOR 32 COUNTS

- KICK LEFT FOOT FORWARD, RETURN, KICK RIGHT FOOT FORWARD, RETURN 1-4 5-8 KICK LEFT FOOT FORWARD, RETURN, KICK RIGHT FOOT FORWARD, RETURN
- 1-8 REPEAT KICK PATTERN

BEGIN AGAIN FROM TOP.

Contact: instructor5678@gmail.com





Wall: 0