## Listen To Me

**Count: 32** 

Level: Improver

Choreographer: Nicky Tan (MY) - March 2014 Music: Stompa - Serena Ryder

## Dance starts at lyrics "People..."

## Section 1

1&	Step RF diagonally forward, Touch LF beside RF,
2&	Step LF diagonally forward, Touch RF beside LF
3&	Step LF diagonally back, Step LF together
4&	Step LF diagonally back, Touch LF beside RF
5&6&	Kick LF forward, Step on LF, Rock RF back, Recover on LF
7&8&	Kick RF forward, Step on RF, Rock LF back, Recover on RF (12:00)
	(Easier Option : )
5,6	Step LF to side, Touch RF behind LF
7,8	Step RF to side, Touch LF behind RF
Section 2	
1&2&	Turn 1/4 Right & Swivel both heels to R, L, R, L (3:00)
•	nent : Slap the side of your hips and Clap hands alternately)
3&4&	Bounce on heels of both feet gently
	nent : Push both arms forward moving from left to right)
5&6&	Touch right heel forward, Step RF beside LF, Touch left heel forward, Step LF beside RF
7&	Touch right heel forward, Hitch right knee,
7& 8&	Touch right heel forward, Hitch right knee,
7&	Touch right heel forward, Hitch right knee,
7& 8& Section 3	Touch right heel forward, Hitch right knee, Repeat 7& (3:00)
7& 8& <b>Section 3</b> 1,2	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF
7& 8& <b>Section 3</b> 1,2 &3	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00)
7& 8& Section 3 1,2 &3 &4	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again
7& 8& <b>Section 3</b> 1,2 &3 &4 5&6	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF
7& 8& Section 3 1,2 &3 &4 5&6 7&8&	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF
7& 8& Section 3 1,2 &3 &4 5&6 7&8& Section 4	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF Step RF to side & Push Shoulder out to side R,L,R,L (6:00)
7& 8& Section 3 1,2 &3 &4 5&6 7&8& <b>Section 4</b> 1&2	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF Step RF to side & Push Shoulder out to side R,L,R,L (6:00) Side Chasse to Right on RF, LF, RF
7& 8& Section 3 1,2 &3 &4 5&6 7&8& <b>Section 4</b> 1&2 3&4	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF Step RF to side & Push Shoulder out to side R,L,R,L (6:00) Side Chasse to Right on RF, LF, RF Turn 1/4 L & do a side chasse to Left on LF, RF, LF (3:00)
7& 8& Section 3 1,2 &3 &4 5&6 7&8& Section 4 1&2 3&4 5&6& 7&8&	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF Step RF to side & Push Shoulder out to side R,L,R,L (6:00) Side Chasse to Right on RF, LF, RF Turn 1/4 L & do a side chasse to Left on LF, RF, LF (3:00) Rocking Chair ~ Rock RF forward, Recover on LF, Rock RF back, Recover on LF
7& 8& Section 3 1,2 &3 &4 5&6 7&8& Section 4 1&2 3&4 5&6& 7&8& Restarts : At W Tag : At the be	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF Step RF to side & Push Shoulder out to side R,L,R,L (6:00) Side Chasse to Right on RF, LF, RF Turn 1/4 L & do a side chasse to Left on LF, RF, LF (3:00) Rocking Chair ~ Rock RF forward, Recover on LF, Rock RF back, Recover on LF Toe Struts - Touch RF forward, Step RF in place, Touch RF forward, Step LF in place (3:00) <b>/all 2 (3:00) and Wall 6 (3:00), dance for 16 counts and restart (6:00)</b> ginning of Wall 5 (12:00), do a 8 counts tag before starting dance (12:00)
7& 8& Section 3 1,2 &3 &4 5&6 7&8& Section 4 1&2 3&4 5&6& 7&8& 7&8& Restarts : At W	Touch right heel forward, Hitch right knee, Repeat 7& (3:00) Step RF to side, Step LF behind RF Turn 1/4 Right & RF forward, Step LF forward (6:00) Do a heel splits ~ Push both heels out to side then together again Forward Shuffle LF, RF, LF Step RF to side & Push Shoulder out to side R,L,R,L (6:00) Side Chasse to Right on RF, LF, RF Turn 1/4 L & do a side chasse to Left on LF, RF, LF (3:00) Rocking Chair ~ Rock RF forward, Recover on LF, Rock RF back, Recover on LF Toe Struts - Touch RF forward, Step RF in place, Touch RF forward, Step LF in place (3:00) <b>/all 2 (3:00) and Wall 6 (3:00), dance for 16 counts and restart (6:00)</b>

- Rock RF over LF, Recover on LF, Step RF to side
- 7&8 Rock LF over RF, Recover on RF, Step LF to side

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**COPPER KNO** 

Wall: 4