Count: 128
Wall: 1
Level: Intermediate
Choreographer: Stephan Lawson (FR) - July 2014
Music: High (Radio Edit) - Lighthouse Family

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Phrasé : A -B-C -A-B-C Tag - B - C-C-C
No stress - More easier than it looks !
PART A: ( 64 counts )
[1-8] VINE, SCUFF, JAZZ BOX, TOUCH
1-4 Right vine , Scuff LF
5-8 Jazz Box LF, Touch RF
[9-16] SIDE SHUFFLE, ROCK BACK, SIDE ROCK, ½ STEP TURN
1\&2 Right side shuffle

3,4 Rock back LF
5,6 Left side rock on LF
7,8 Left step forward, right $1 / 2$ turn
[17-24] SIDE, TOUCH, SIDE, TOUCH, SIDE, HOLD, RECOVER, SIDE, TOUCH
1-4 LF to left side, right touch RF beside, RF to right side, touch LF beside
5-6 LF to left side, Hold
\&7-8 Recover RF beside, LF to left side, Touch RF beside
[25-32] SIDE, HOLD, RECOVER, SIDE,TOUCH, ROCKING CHAIR
1-2 $\quad$ RF to right side, Hold
\&3-4 Recover LF beside, RF to right side, Touch LF beside
5-8 Rocking chair LF
[33-40] VINE, SCUFF, JAZZ BOX, TOUCH
1-4 Left vine, Scuff RF
5-8 Jazz Box RG, Touch LF
[41-48] SIDE SHUFFLE, ROCK BACK, SIDE ROCK, $1 ⁄ 2$ STEP TURN
$1 \& 2$ Left side shuffle
3-4 Rock back RF
5-6 Right side rock on RF
7-8 RF forward, Left $1 / 2$ turn
[49-56] SIDE, TOUCH, SIDE, TOUCH, SIDE, HOLD, RECOVER, SIDE, TOUCH
1-4 RF to right side, Touch LF beside, LF to left side, touch RF beside
5-6 RF to right side, Hold
\&7-8 Recover LF beside, RF to right side , Touch LF beside
[57-64] SIDE, HOLD, RECOVER, SIDE,TOUCH, ROCKING CHAIR
1-2 LF to left side, Hold
\&3-4 Recover RF beside, LF to left side Touch RF beside
5-8 Rocking chair RF
PART B: (32 counts )
[1-8] RIGHT POINT ,LEFT $1 / 4$ TURN FLICK, BACK, HEEL, HOLD, CROSS, HOLD, CROSS
1-2\&3-4 Right point forward, Flick RF with left $1 / 4$ turn, RF back, Left heel forward, Hold
[9-16] SIDE ROCK, SAILOR STEP, JAZZ BOX
1-2 Left side rock on LF
3\&4 Left $1 / 4$ turn Sailor step
5-8 Jazz Box RF

## [17-32] Dance again last 16 counts ( 1-16)

PART C : ( 32 counts )
[1-8] ½ MONTEREY TURN SWEEP CROSS, $1 ⁄ 4$ MONTEREY TURN, SWEEP CROSS
1-4 Right point to right side , right /2 turn, sweep LF, cross LF over RF
5-8 Right point to right side, right $1 / 4$ turn, sweep LF, cross LF over RF
[9-16] RIGHT ROLLING SHUFFLE VINE, , OUT, OUT , BACK, TOUCH
1-2-3\&4 Right rolling vine ,side shuffle
5-8 LF to left diagonal Forward, RF to right diagonal forward, LF back, Touch $1 / 2$ turn right on RF ( turn your head to the Right side)
[17-24] STEP TURN, STEP, ½ TURN, FORWARD SHUFFLE, CROSS, BACK
1-4 RF forward, left $1 / 2$ turn, RF forward, right $1 / 2$ turn ( LF back)
5\&6 Right $1 / 2$ turn shuffle on RF
7-8 Cross LF over RF, Back RF
[25-32] COASTER STEP, STEP TURN, BUMP, BUMP
1\&2 Left Coaster step
3-4 $\quad R F$ forward, left $1 / 4$ turn
5-8 Bump to right side ( x 2 ) , Bump to left side ( x 2 )
TAG: ( 16 counts ) You must dance this 8 counts - two times
[1-8] FORWARD ROCK STEP, COASTER STEP, STEP TURN, TOUCH RECOVER (X 2 )
1-2 Forward rock step on RF
3\&4 Coaster step RF
5-6 LF forward, right $1 / 2$ turn
7-8 Touch LF to left side, Recover LF beside
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