

# Old Alabama

**Count:** 32

**Wall:** 2

**Level:** Intermediate - Catalan

**Choreographer:** Chris Thoma - July 2014

**Music:** Old Alabama (feat. Alabama) - Brad Paisley



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## **S 1: touch, heel, touch, heel, side, stomp, side, stomp**

- 1-2 touch right toe on right side, touch right heel on right side
- 3-4 repeat 1-2
- 5-6 right step to right side, stomp up left foot next to right (weight on right)
- 7-8 left step to left side, stomp up right next to left (weight on left)

## **S 2: rolling vine r, stomp, heel swivel, coaster step l**

- 1-2 step left to left side turning  $\frac{1}{4}$  left, step right forward turning  $\frac{3}{4}$  left, step left to left side
- 4 stomp up left foot next to right (weight on left)
- 5-6 turn both heels to left, turn back both heels
- 7&8 left step back, right step next to left foot, left step forward

**Here: Restart in 4th and 7th rounds**

## **S 3: pivot turn $\frac{1}{4}$ l, pivot turn $\frac{1}{4}$ l, heel, heel, kick-ball-change**

- 1-2 pivot turn  $\frac{1}{4}$  left ending with weight on left foot
- 3-4 repeat 1-2
- 5-6 touch right heel forward twice
- 7&8 kick right forward, step right beside left, Step onto left in place

## **S 4: step, touch behind, behind, stomp, rock back, stomp, stomp**

- 1-2 right step forward, touch left toe behind right foot
- 3-4 step left behind right, stomp up right next to left (weight on left)
- 5-6 right rock back, recover on left
- 7-8 stomp up right foot next to left twice (weight on left)

**Tag in 3rd , 6th, 9th and 11th rounds (always at 6 o'clock)**

## **Tag: side kick r, stomp, side kick l, stomp**

- 1-2 kick right foot to side, stomp up right next to left foot
- 3-4 kick left foot to side, stomp up left next to right foot

**Restarts in 4th and 7th rounds, Tag in 3rd , 6th, 9th and 11th.**

**After 11th round + Tag hold until music Restarts**

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