Zumba

Level: Phrased Improver



COPPERKNO

Count:128Wall:0Choreographer:Wendy Loh (MY) - July 2014Music:Zumba CAIPIRINHA

Dance (Intro) starts immediately after 16 counts from beginning of music

SEQUENCE : ABC TAG ABC A TAG ABC

INTRO (2x8)	
12	Step RF to side, Jump with both feet close together
34	Step LF to side, Jump with both feet close together
56	Repeat Steps 12
78	Repeat Steps 34
Do this section t	twice
PART A (4x8)	
Section A1: R H	lip Drop 4x, Touch R Forward, Back, Forward, Step Together
&1	Face body diagonally left (10:30) & Touch RF slightly forward & Lift R hip (&), Drop R hip & Clap hands (1)
&2&3&4	Repeat &1 three times
56	Touch RF in place, Touch RF back
78	Touch RF forward, Turn body facing front (12:00) & Step RF beside LF
Section A2: L Hip Drop 4x, Touch R Forward, Back, Forward, Step Together	
&1	Face body diagonally right (1:30) & Touch LF slightly forward & Lift L hip (&), Drop L hip & Clap hands (1)
&2&3&4	Repeat &1 three times
56	Touch LF in place, Touch LF back
78	Touch LF forward, Turn body facing front (12:00) & Step LF beside RF
Section A3: Out Out In In, R Mambo, L Mambo	
12	Step RF diagonally forward to R, Step LF to side
34	Step RF back, Close LF together
5&6	Rock RF to side, Recover on LF, Step RF beside LF
7&8	Rock LF to side, Recover on RF, Step LF beside RF
Section A4: Out Out In In, Toe Switches, Chest Pop	
12	Step RF diagonally forward to R, Step LF to side
34	Step RF back, Close LF together
5&	Touch R toe to side, Step RF beside LF,
6&	Touch L toe to side, Step LF beside RF
7&8	Touch R toe to side, Push Chest out, Drop chest to neutral
PART B (4x8)	
Section B1: Ska	te RLR, Jump, Skate LRL, Jump
12	Skate RF diagonally forward to R, Skate LF diagonally forward to L

- 34 Skate RF diagonally forward to R, Jump with both feet close together
- 56 Skate LF diagonally forward to L, Skate RF diagonally forward to R
- 78 Skate LF diagonally forward to L, Jump with both feet close together

Section B2: Skate RLR, Turn 1/4R &, Chest Pop 4x

12 Skate RF diagonally forward to R, Skate LF diagonally forward to L

- 34 Skate RF diagonally forward to R, Turn 1/4R & Step LF to side (3:00)
- 5678 Slightly bend knees and do chest pop four times

Section B3: Turn 1/4L Step Together Step Jump, Step Together Step Jump

- 12 Turn 1/4L & Step RF to side, Step LF together (12:00)
- 34 Step RF to side, Jump with both feet close together
- 56 Step LF to side, Close RF together
- 78 Step LF to side, Jump with both fee close together

Section B4: Step, Hold, Forward Body Roll, Chest & Hip Movement

- 12 Step RF diagonally forward to R (1:30), Hold
- 34 Forward Body Roll over 2 beat
- 5& Push Chest out, Drop Chest to normal,
- 6& Slightly bend knees & Push hip back, Push hip forward
- 7&8& Repeat 5&6&

PART C (4x8)

Section C1: Step, Cross Touch, Step, Cross Touch - 2X

- 12 Step RF to side, Touch LF over RF (12:00)
- 34 Step LF to side, Touch RF over LF
- 56 Repeat Steps 12
- 78 Repeat Steps 34

Section C2: Hip Bump RLRR, LRLL

- 12 Step RF to side & Hip bump to R then L (may do a figure-8 hip circle)
- 34 Hip bump to right side twice
- 56 Hip bump to L then R
- 78 Hip bump to left side twice

Section C3: Forward Toe Struts, Jazz Box

- 12 Touch R toe forward, Step RF in place
- 34 Touch L toe forward, Step LF in place
- 5678 Cross RF over LF, Step LF back, Step RF to side, Step LF together

Section C4: Star Steps, Hold & Body Roll, Touch & Touch

- 1& Turn 1/4L with weight on LF & Touch RF to side, Hitch RF
- 2&3&4& Repeat Steps 1& three times till you return to front wall
- 56 Step RF to side, Hold step & Roll body to right
- 7 Turn 1/4R & Touch LF beside RF (3:00)
- &8 Turn 1/4L & Step RF to side, Turn 1/4L & Touch RF beside LF (9:00)

(Styling : Face looking towards 12:00)

TAG (2x8) : Facing 9:00

1234Push hip to R, Hold for 3 beats (Styling: Straighten both hands out to R side of hip)5678Turn 1/4R & Step LF to side & Push L hip to L, Hold for 3 beats

(Styling: Raise both hands making a V-shape)

- 1234 Push hip to R, Hold for 3 beats (Styling: Hug your body)
- 5 Push hip to L, Hold (Styling: Push Extend both hands out to side)
- 6 Push Hip to R, Hold (Styling: RH at R hip, LH at L ear)
- 7 Push Hip to L (Styling: Raise both hands making a V-shape)
- 8 Balance weight on both feet, (Styling: Both hands on waist)

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