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| Staying Alive |  |

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| **Compte:** | 72 | **Mur:** | 1 | **Niveau:** | Phrased Fun Dance | . |
| **Chorégraphe:** | Ivonne Verhagen (NL) - March 2017 | | | | |
| **Musique:** | Stayin' Alive (Glee Cast Version) - Glee Cast : (iTunes) | | | | |
| . | | | | | | |

**Dance starts after 24 counts**

**PART A: 32 counts**

**A1: 3 X WALK FORWARD, KICK, 3X WALK BACK, TOUCH**

|  |  |
| --- | --- |
| 1,2,3,4 | RF step forward, LF step forward, RF step forward, LF kick forward |

|  |  |
| --- | --- |
| 5,6,7,8 | LF step back, RF step back, LF step back, RF touch |

**A2: SIDE, CLOSE, SIDE, TOUCH, SIDE, CLOSE, SIDE, TOUCH,**

|  |  |
| --- | --- |
| 1,2,3,4 | RF step side, LF close to RF, RF step side, LF touch |

|  |  |
| --- | --- |
| 5,6,7,8 | LF step side, RF close to LF, LF step side, RF touch |

**A3: RIGHT HIP HIGH, AND LOW, AND HIGH, AND STEP ON RF, (SAME WITH LEFT FOOT)**

|  |  |
| --- | --- |
| 1&2 | RF touch diagonal forward & push hip up, hip center, push hip down, |

|  |  |
| --- | --- |
| &3&4 | Push hip up, hip centre, RF step on RF |

|  |  |
| --- | --- |
| 5&6 | LF touch diagonal forward & push hip up, hip center, push hip down, |

|  |  |
| --- | --- |
| &7&8 | Push hip up, hip centre, LF step on LF |

**A4: TOE STRUT RIGHT (HANDMOVE) TOE STRUT LEFT (HANDMOVE) 4X STEP IN PLACE AND USE HANDS**

|  |  |
| --- | --- |
| 1,2 | RF touch side, clap heel down (make a rolling wheel with your hands right on level of your head) |

|  |  |
| --- | --- |
| 3,4 | LF touch side, clap heel down (make a rolling wheel with your hands left on level of your head) |

|  |  |
| --- | --- |
| 5,6,7,8 | 4 X step in place (RF-LF-RF-LF), Push your elbows to the back 4x |

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|  |

**TAG**

|  |  |
| --- | --- |
| 1-8 | step in place RF-LF-RF-LF- RF-LF-RF-LF |

**CHORUS (PART B) 40 COUNTS**

**B1: MAMBO STEP FORWARD, MAMBO STEP BACK, POINTING ARMS UP AND DOWN**

|  |  |
| --- | --- |
| 1&,2,3&4 | RF rock forward, back on LF, RF step back, LF rock back, back on RF, LF step forward |

|  |  |
| --- | --- |
| 5,6,7,8 | Point right finger right up, Point right finger left down, (2) |

**B2: 4 X PADDLE ¼ TURN LEFT, POINTING ARMS UP AND DOWN**

|  |  |
| --- | --- |
| 1,2,3,4 | ¼ turn left & RF touch side, (4x) |

|  |  |
| --- | --- |
| 5,6,7,8 | Point right finger right up, Point right finger left down, (2) |

**B3: OUT, OUT, IN, IN, POINTING ARMS UP AND DOWN**

|  |  |
| --- | --- |
| 1,2,3,4 | RF step out, LF step out, RF step in, LF step in |

|  |  |
| --- | --- |
| 5,6,7,8 | Point right finger right up, Point right finger left down, (2) |

**B4: RIGHT ARM UP, BIT DOWN, BIT DOWN, DOWN (SNAPPING FINGERS), WAVE RIGHT ARM FROM DOWN TO UP**

|  |  |
| --- | --- |
| 1,2,3,4 | RF snap finger high right, a bit lower, a bit lower, and down |

|  |  |
| --- | --- |
| 5,6,7,8 | Start move Right arm from down to up right side (KEEP IT UP) |

**B5: WAVE LEFT ARM FROM DOWN TO UP (LEFT HAND), BOTH ARMS DOWN**

|  |  |
| --- | --- |
| 1,2,3,4, | Start move Left arm from down to up right side |

|  |  |
| --- | --- |
| 5,6,7,8 | Both arms moving down |

**DANCE SEQUENCE: A-B-TAG-A-B-TAG-A-TAG-A-B-B**

**Have fun!**

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