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| --- | --- |
| My Song (fr) |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Compte:** | 32 | **Mur:** | 4 | **Niveau:** | Beginner | . |
| **Chorégraphe:** | Sophie Ruhling (FR) - Avril 2019 | | | | |
| **Musique:** | My Song (feat. Sam Palladio, Jonathan Jackson & Clare Bowen) - Nashville Cast | | | | |
| . | | | | | | |

**#32 count intro (start on lyrics + music) – CCW - 1 RESTART**

**SECT.1 TRIPLE STEP R FWD, L HEEL, HITCH L WITH SLAP R HAND, L HEEL, COASTER STEP L BACK, STEP 1/2 TURN L, WALK R**

|  |  |
| --- | --- |
| 1&2 | Avancer PD, avancer PG près de PD, avancer PD |

|  |  |
| --- | --- |
| 3&4 | poser talon PG devant, hitch PG et poser main D sur genou G, poser talon PG devant |

|  |  |
| --- | --- |
| 5&6 | reculer PG, reculer PD près de PG, avancer PG |

|  |  |
| --- | --- |
| 7&8 | Avancer PD, 1/2 tour G (pdc PG), avancer PD (6.00) |

**SECT.2 TRIPLE STEP L FWD, R HEEL, HITCH R WITH SLAP L HAND, R HEEL, COASTER STEP R BACK, STEP 1/2 TURN R, WALK L**

|  |  |
| --- | --- |
| 1&2 | Avancer PG, avancer PD près de PG, avancer PG |

|  |  |
| --- | --- |
| 3&4 | poser talon PD devant, hitch PD et poser main G sur genou D, poser talon PD devant |

|  |  |
| --- | --- |
| 5&6 | reculer PD, reculer PG près de PD, avancer PD |

**\*final ici mur 8 (12.00)**

|  |  |
| --- | --- |
| 7&8 | Avancer PG, 1/2 tour D (pdc PD), avancer PG (12.00) |

**SECT.3 TRIPLE STEP R FWD R DIAGONAL, TRIPLE STEP L FWD L DIAGONAL, STEP R, CLAP, STEP L, CLAP, RUN BACK X3**

|  |  |
| --- | --- |
| 1&2 | Avancer PD diagonale D, avancer PG près de PD, avancer PD diagonale D |

|  |  |
| --- | --- |
| 3&4 | Avancer PG diagonale G, avancer PD près de PG, avancer PG diagonale G |

**\*restart ici mur 5 (12.00)**

|  |  |
| --- | --- |
| 5&6& | Avancer PD légèrement diagonale D, clap des 2 mains, avancer PG légèrement diagonale G, clap 2 mains |

|  |  |
| --- | --- |
| 7&8 | reculer PD, reculer PG, reculer PD |

**SECT.4 TRIPLE STEP 1/2 TURN L, TRIPLE STEP 1/2 TURN L, BACK L, BACK R, SAILOR STEP L WITH 1/4 TURN L**

|  |  |
| --- | --- |
| 1&2 | 1/4 tour G poser PG à G, poser PD près de PG, 1/4 tour G avancer PG (6.00) |

|  |  |
| --- | --- |
| 3&4 | 1/4 tour G poser PD à D, poser PG près de PD, 1/4 tour G reculer PD (12.00) |

|  |  |
| --- | --- |
| 5-6 | reculer PG, reculer PD |

|  |  |
| --- | --- |
| 7&8 | croiser PG derrière PD, 1/4 tour G poser PD à D, poser PG à G (9.00) |

**Association Loi 1901 (N° W953006406)**

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