|  |  |
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| Bella Ciao (fr) |  |

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| **Compte:** | 32 | **Mur:** | 4 | **Niveau:** | Novice | . |
| **Chorégraphe:** | Julien Grevet - Décembre 2019 |
| **Musique:** | Bella ciao (feat. Maître Gims, Vitaa, Dadju & Slimane) - Naestro |
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**Intro : au chant (17 sec) 1 restart**

**[1-8] R&L Step Lock Step Fwd, R Rock Step Recover, In place, L Rock Step Recover**

|  |  |
| --- | --- |
| 1&2 | Step Lock Step avant D |

|  |  |
| --- | --- |
| 3&4 | Step Lock Step avant G |

|  |  |
| --- | --- |
| 5-6 | Rock Recover avant D |

|  |  |
| --- | --- |
| & | Ramener PD contre PG |

|  |  |
| --- | --- |
| 7&8 | Rock Recover avant G |

**[9-16] L&R Shuffle Bwd, Rocking Chair**

|  |  |
| --- | --- |
| 1&2 | Shuffle arrière G |

|  |  |
| --- | --- |
| 3&4 | Shuffle arrière D |

|  |  |
| --- | --- |
| 5-6 | Rock Recover arrière G |

|  |  |
| --- | --- |
| 7-8 | Rock Recover avant G |

**[17-24] L Side Rock Recover, Behind Side Cross, R Side Rock Recover, Behind Side Cross**

|  |  |
| --- | --- |
| 1-2 | Rock Recover à G |

|  |  |
| --- | --- |
| 3&4 | Weave vers la D |

|  |  |
| --- | --- |
| 5-6 | Rock Recover à D |

|  |  |
| --- | --- |
| 7&8 | Weave à G |

**[25-32] L Heel Grind ¼ Turn To L, Coaster Step ,R Side Rock Recover, In Place, L Stomp, R Touch**

|  |  |
| --- | --- |
| 1-2 | Heel Grind PG avec ¼ de tour à G |

|  |  |
| --- | --- |
| 3&4 | Coaster Step arrière G |

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| --- | --- |
| 5-6 | Rock Recover à D |

|  |  |
| --- | --- |
| & 7-8 | Ramener PD contre PG,Stomp G sur place, Touch PD |

**Tag: 8 comptes après le 7ème mur**

**[1-8] L Side Behind Side Cross, R Side Behind Side Cross**

|  |  |
| --- | --- |
| 1-4 | Grand Pas D, PD derrière PG, PG à G, croiser PDdevant PG |

|  |  |
| --- | --- |
| 5-8 | Grand Pas à G, PG derrière PD, PD à D, croiser PG devant PD |

**Restart : Au 8ème Compte après le tag au 8ème mur**

**[1-8] R&L Step Lock Step Fwd, R Rock Step Recover, In place, L Rock Step Recover**

|  |  |
| --- | --- |
| 1&2 | Step Lock Step avant D |

|  |  |
| --- | --- |
| 3&4 | Step Lock Step avant G |

|  |  |
| --- | --- |
| 5-6 | Rock Recover avant D |

|  |  |
| --- | --- |
| & | Ramener PD contre PG |

|  |  |
| --- | --- |
| 7&8 | Rock Recover avant G |

**[9-16] L&R Shuffle Bwd, Rock Step**

|  |  |
| --- | --- |
| 1&2 | Shuffle arrière G |

|  |  |
| --- | --- |
| 3&4 | Shuffle arrière D |

|  |  |
| --- | --- |
| 5-6 | Rock arrière G |

|  |  |
| --- | --- |
| 7-8 | Touch PG" restart" |