|  |  |
| --- | --- |
| Gravy Train (Ahh Bisto) |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Compte:** | 32 | **Mur:** | 4 | **Niveau:** | Absolute Beginner | . |
| **Chorégraphe:** | David Sinfield (UK), Rob Fowler (ES) & I.C.E. (ES) - November 2020 | | | | |
| **Musique:** | Gravy (For My Mashed Potatoes) - Dee Dee Sharp : (iTunes, Amazon Music and Spotify - 2:04) | | | | |
| . | | | | | | |

**Intro: 16 counts (approx. 9 secs)**

**S1: GRAPEVINE RIGHT, TOUCH, HIP BUMPS LEFT, HIP BUMPS RIGHT**

|  |  |
| --- | --- |
| 1,2,3 | Step right to right side, cross left behind right, step right to right side |

|  |  |
| --- | --- |
| 4 | Touch left beside right |

|  |  |
| --- | --- |
| 5&6 | Bump hips left, right, left |

|  |  |
| --- | --- |
| 7&8 | Bump hips right, left, right 12:00 |

|  |
| --- |
|  |

**S2: GRAPEVINE LEFT, TOUCH, HIP BUMPS RIGHT, HIP BUMPS LEFT**

|  |  |
| --- | --- |
| 1,2,3 | Step left to left side, cross right behind left, step left to left side |

|  |  |
| --- | --- |
| 4 | Touch right beside left |

|  |  |
| --- | --- |
| 5&6 | Bump hips right, left, right |

|  |  |
| --- | --- |
| 7&8 | Bump hips left, right, left 12:00 |

|  |
| --- |
|  |

**S3: WALK FORWARD x3, KICK, WALK BACK x3, TOUCH**

|  |  |
| --- | --- |
| 1,2,3 | Walk forward right, left, right |

|  |  |
| --- | --- |
| 4 | Kick left foot forward |

|  |  |
| --- | --- |
| 5,6,7 | Walk back left, right, left |

|  |  |
| --- | --- |
| 8 | Touch right beside left 12:00 |

|  |
| --- |
|  |

**S4: PIVOT 1/8 TURN LEFT x2, JAZZ JUMP FORWARD, CLAP, JAZZ JUMP BACK, CLAP**

|  |  |
| --- | --- |
| 1,2 | Step right forward, pivot 1/8 turn left |

|  |  |
| --- | --- |
| 3,4 | Step right forward, pivot 1/8 turn left |

|  |  |
| --- | --- |
| &5,6 | Small jump forward on right, small jump forward on left, clap hands |

|  |  |
| --- | --- |
| &7,8 | Small jump back on right, small jump back on left, clap hands 9:00 |

|  |
| --- |
|  |

**Start Over**

**Happy Dancing**

|  |
| --- |
|  |

**OPTIONAL HAND AND ARM MOVEMENTS**

**On section 1 during the hip bumps - two right mashed potatoes (right fist on top), then two left mashed potatoes (left fist on top)**

**On section 2 during the hip bumps - do finger rolls with one hand on elbow and the other forearm vertical, rotating wrist with index finger extended upwards**