|  |  |
| --- | --- |
| Mission Impossible |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Compte:** | 48 | **Mur:** | 4 | **Niveau:** | Advanced | . |
| **Chorégraphe:** | Holly Susan (Boots) Groeschel (USA) | | | | |
| **Musique:** | Heart's Desire - Lee Roy Parnell | | | | |
| . | | | | | | |

**SIDE-BALL-CLOSE, SIDE-BALL-CLOSE**

|  |  |
| --- | --- |
| 1 | Step to right side with right foot, lifting left knee |

|  |  |
| --- | --- |
| & | Step in original place with left foot |

|  |  |
| --- | --- |
| 2 | Step together with right foot next to left foot |

|  |  |
| --- | --- |
| 3 | Step to left side with left foot, lifting right knee |

|  |  |
| --- | --- |
| & | Step in original place with right foot |

|  |  |
| --- | --- |
| 4 | Step together with left foot next to right foot |

**POINT & POINT &, LOCK, FULL TURN**

|  |  |
| --- | --- |
| 5 | Point right toe to right side |

|  |  |
| --- | --- |
| & | Place right foot next to left foot |

|  |  |
| --- | --- |
| 6 | Point left toe to left side |

|  |  |
| --- | --- |
| & | Place left foot next to right foot |

|  |  |
| --- | --- |
| 7 | Sweep/lock right foot behind left foot |

|  |  |
| --- | --- |
| 8 | Pivot 1 full turn right on balls of both feet |

**ROGER RABBITS (BACKWARDS SWEEPS)**

|  |  |
| --- | --- |
| & | Lift right foot slightly, scoot forward on left foot |

|  |  |
| --- | --- |
| 9 | Lock/step behind left foot with right foot |

|  |  |
| --- | --- |
| & | Lift left foot slightly, scoot forward on right foot |

|  |  |
| --- | --- |
| 10 | Lock/step behind right foot with left foot |

|  |  |
| --- | --- |
| & | Lift right foot slightly, scoot forward on left foot |

|  |  |
| --- | --- |
| 11 | Lock/step behind left foot with right foot |

|  |  |
| --- | --- |
| & | Rock forward onto left foot (feet still crossed) |

|  |  |
| --- | --- |
| 12 | Rock back onto right foot |

**REVERSE ½ PIVOT, SCUFF-HOP/ ½ TURN, STEP**

|  |  |
| --- | --- |
| 13 | Step back with left foot |

|  |  |
| --- | --- |
| 14 | Pivot ½ turn left on ball of left foot |

|  |  |
| --- | --- |
| 15 | Scuff right heel forward and up |

|  |  |
| --- | --- |
| & | Hop ½ turn left onto right foot, lifting left knee |

|  |  |
| --- | --- |
| 16 | Step in place with left foot |

**RUNNING MAN**

**Use of arms, in a running fashion, are acceptable during vanillas**

|  |  |
| --- | --- |
| & | Transfer onto right foot |

|  |  |
| --- | --- |
| 17 | Slide left toe back |

|  |  |
| --- | --- |
| & | Pull left knee forward and up |

|  |  |
| --- | --- |
| 18 | Step down with left foot, sliding right toe backwards |

|  |  |
| --- | --- |
| & | Pull right knee forward and up |

|  |  |
| --- | --- |
| 19 | Step down with right foot, sliding left toe backwards |

|  |  |
| --- | --- |
| & | Pull left knee forward and up |

|  |  |
| --- | --- |
| 20 | Step down with left foot, sliding right toe back |

|  |  |
| --- | --- |
| & | Step together with right foot |

**SPLIT SWIVELS: RIGHT AND LEFT**

|  |  |
| --- | --- |
| 21 | Place weight on ball of left foot & heel of right foot, swivel right toe to right and left heel to left. |

|  |  |
| --- | --- |
| & | Swivel both feet back to center |

|  |  |
| --- | --- |
| 22 | Place weight on ball of left foot & heel of right foot, swivel right toe to right and left heel to left. |

|  |  |
| --- | --- |
| & | Swivel both feet back to center |

|  |  |
| --- | --- |
| 23 | Place weight on ball of right foot & heel of left foot, swivel left toe to left and right heel to right. |

|  |  |
| --- | --- |
| & | Swivel both feet back to center |

|  |  |
| --- | --- |
| 24 | Place weight on ball of right foot & heel of left foot, swivel left toe to left and right heel to right. |

|  |  |
| --- | --- |
| & | Swivel both feet back to center |

**HEEL-DROP, SLIDE-BALL-STEP, TOGETHER**

|  |  |
| --- | --- |
| 25 | Step diagonally right with right heel and toe weight to right foot. (right foot pointed at 45 degrees.) |

|  |  |
| --- | --- |
| & | Slide instep of left foot next to heel of right foot |

|  |  |
| --- | --- |
| 26 | Place ball of right foot next to left instep |

|  |  |
| --- | --- |
| 27 | Step to left side with left foot |

|  |  |
| --- | --- |
| 28 | Slide right foot next to left foot (right toe pointed forward.) |

**STOMP, TOES: UP-DOWN, SIDE, TOGETHER**

|  |  |
| --- | --- |
| 29 | Stomp (down) with right heel next to ball of left foot and right toe pointed diagonally right (45 degrees.) |

|  |  |
| --- | --- |
| & | Lift toes of both feet up and outward (heel stand) |

|  |  |
| --- | --- |
| 30 | Drop toes back to original (step 29) floor locations. |

|  |  |
| --- | --- |
| 31 | Touch left toe to left side |

|  |  |
| --- | --- |
| 32 | Place toe of left foot next to heel of right foot |

**STEP BACK/ SHOULDER ROLLS, TOES; UP-DOWN**

|  |  |
| --- | --- |
| 33 | Step back slightly with right foot and roll right shoulder\*\* |

|  |  |
| --- | --- |
| 34 | Step back slightly with left foot and roll left shoulder\*\* |

|  |  |
| --- | --- |
| 35 | Step back slightly with right foot and roll right shoulder\*\* |

|  |  |
| --- | --- |
| & | Lift toes of both feet up and outward (heel stand) |

|  |  |
| --- | --- |
| 36 | Drop toes back to floor |

**\*\* Lift shoulder up, move it back, drop it down, then move it forward**

**FORWARD TOE STRUTS, STEP APART**

|  |  |
| --- | --- |
| 37 | Step, forward slightly with right toe |

|  |  |
| --- | --- |
| & | Drop right heel |

|  |  |
| --- | --- |
| 38 | Step forward slightly with left toe |

|  |  |
| --- | --- |
| & | Drop left heel |

|  |  |
| --- | --- |
| 39 | Step, forward slightly with right toe |

|  |  |
| --- | --- |
| & | Drop right heel |

|  |  |
| --- | --- |
| 40 | Step slightly apart with left foot (shoulder width) |

**POINT & POINT, ½ LEFT KNEE CHASE**

|  |  |
| --- | --- |
| 41 | Point right toe into left instep |

|  |  |
| --- | --- |
| & | Step in place with right foot (toe pointed forward) |

|  |  |
| --- | --- |
| 42 | Point left toe into right instep |

|  |  |
| --- | --- |
| & | Start left ½ chase turn: roll left knee outward, rotating on ball of left foot |

|  |  |
| --- | --- |
| 43 | Chase left knee with right knee (roll knee inward) completing ½ turn |

|  |  |
| --- | --- |
| 44 | Hold with weight on right foot |

**KICK-BALL-CHANGE, SLOW KNEE CHASE**

|  |  |
| --- | --- |
| 45 | Kick left foot forward |

|  |  |
| --- | --- |
| & | Step in place with ball of left foot |

|  |  |
| --- | --- |
| 46 | Step in place with right foot |

|  |  |
| --- | --- |
| 47 | Roll left knee outward ¼ turn (slow knee chase) |

|  |  |
| --- | --- |
| 48 | Roll right knee inward ¼ turn |

**REPEAT**