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| R U Ready Freddy |  |

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| **Compte:** | 32 | **Mur:** | 4 | **Niveau:** |  | . |
| **Chorégraphe:** | Michele Perron (CAN) | | | | |
| **Musique:** | I've Been Thinking About You - New Londonbeat | | | | |
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**WALKS FORWARD: RIGHT-LEFT-RIGHT; FORWARD-&-BACK; WALKS BACK: RIGHT, LEFT; BACK-&-FORWARD**

|  |  |
| --- | --- |
| 1-2-3 | Right step forward, left step forward, right step forward |

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| 4&5 | Left step forward, right step back, left step back |

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| --- | --- |
| 6-7 | Right step back, left step back |

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| --- | --- |
| 8&9 | Right step back, left step forward, right step forward |

**TOUCH/TWIST, STEP/TWIST, BEHIND-&-ACROSS: REPEAT**

**Optional styling: on counts 10 & 14 is a left knee hitch or the left foot 'hooked' behind right ankle & left knee twists to the right**

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| --- | --- |
| 10 | Left touch across front of right (allow hips to twist to the right and shoulders face 1:00) |

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| --- | --- |
| 11 | Left step across and behind right (allow hip to twist to the left and shoulders face 11:00) |

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| --- | --- |
| 12&13 | Right step across and behind left, left step forward, right step forward and across front of left (allow 'twisting' action) |

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| --- | --- |
| 14 | Left touch across front of right (allow hips to twist to the right and shoulders face 1:00) |

|  |  |
| --- | --- |
| 15 | Left step across and behind right (allow hip to twist to the left and shoulders face 11:00) |

|  |  |
| --- | --- |
| 16&17 | Right step across and behind left, left step forward, right step forward and across front of left (allow 'twisting' action) |

**FORWARD, LOCK, FORWARD-LOCK-FORWARD, LUNGE, RETURN, HIP-&-HIP**

|  |  |
| --- | --- |
| 18-19 | Left step forward, right step forward behind left and to left side of left (allow shoulders to face 2:00) |

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| --- | --- |
| 20&21 | Left step forward, right step forward behind left and to left side of left, left step forward (allow shoulders to face 2:00) |

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| --- | --- |
| 22 | Right toe/ball step/lunge forward (bend right knee and face 12:00) |

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| --- | --- |
| 23 | Left back/rock |

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| --- | --- |
| 24&25 | Right toe/ball step to side right with right hip bump, hip bump to center, right step to side right with right hip bump |

**ACROSS, BACK, FORWARD-&-FORWARD**

|  |  |
| --- | --- |
| 26-27 | Left step forward and across front of right, right rock/step back |

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| --- | --- |
| 28&29 | Cha-cha-cha with ¾ turn left (left step forward, right step beside left, left step forward) |

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| --- | --- |
| 30-31 | Clap hands at left side of head, hold |

|  |  |
| --- | --- |
| &32 | Clap hands twice at right waist (allow hips to twist left and right knee bends across front of left) |

**REPEAT**