|  |  |
| --- | --- |
| Mama Take Me Home |  |

.

|  |
| --- |
| . |
| **Compte:** | 32 | **Mur:** | 4 | **Niveau:** | Intermediate | . |
| **Chorégraphe:** | Tanja Enget (NOR) - February 2008 |
| **Musique:** | Mama Take Me Home - Rednex |
| . |

**WALK, WALK, SHUFFLE ½ TURN, BACK, BACK, COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Step right forward, step left forward |

|  |  |
| --- | --- |
| 3&4 | Half turn shuffle stepping right, left, right, while turning left |

|  |  |
| --- | --- |
| 5-6 | Step left back, step right back |

|  |  |
| --- | --- |
| 7&8 | Step left back, step right beside left, step left forward |

**STEP SLIDE, ROCK STEP TWICE, TOE & HEEL SWITCHES WITH BACK FLICK**

|  |  |
| --- | --- |
| 1-2& | Take a big step to the right & slide left together, rock back onto left, recover |

|  |  |
| --- | --- |
| 3-4& | Take a big step to the left & slide right together, rock back onto right, recover |

|  |  |
| --- | --- |
| 5&6 | Touch right to right, step right beside left, touch left to left |

|  |  |
| --- | --- |
| &7&8 | Step left beside right, right heel forward, flick right foot back while turning ¼ to the left, touch right heel forward |

**CROSS TO THE RIGHT, SYNCOPATED WEAVE TO THE LEFT**

|  |  |
| --- | --- |
| &1&2 | Step right beside left, cross left over right, step right to right, cross left over right |

|  |  |
| --- | --- |
| &3&4 | Step right to right, cross left over right, step right to right, cross left over right |

|  |  |
| --- | --- |
| 5-6 | Cross right over left, step left to left |

|  |  |
| --- | --- |
| 7&8 | Cross right behind left, step left to left, cross right over left |

**HEEL JACKS X3, UNWIND**

|  |  |
| --- | --- |
| &1&2 | Step left diagonally back to left, touch right heel diagonally forward, step right beside left, cross left over right |

|  |  |
| --- | --- |
| &3&4 | Step right diagonally back to right, touch left heel diagonally forward, step left beside right, cross right over left |

|  |  |
| --- | --- |
| &5&6 | Step left diagonally back to left, touch right heel diagonally forward, step right beside left, cross left over right |

|  |  |
| --- | --- |
| 7-8 | Hold, unwind full turn |

**Begin again.**

**TAG**

**Before you start the dance on the 8 wall, you have just taken the unwind full turn**

|  |  |
| --- | --- |
| 1-2 | Cross left over right, hold |

|  |  |
| --- | --- |
| 3-4 | Slow unwind full turn over 2 counts |