|  |  |
| --- | --- |
| A & A On Our Mind |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Compte:** | 48 | **Mur:** | 4 | **Niveau:** | Intermediate | . |
| **Chorégraphe:** | Nathalie Martin (FR) - August 2013 | | | | |
| **Musique:** | Last Thing On My Mind - Ronan Keating & LeAnn Rimes : (CD:Turn It On, Ronan Keating) | | | | |
| . | | | | | | |

**Alt. music: "Stella I" by Swamp Rat – [96 bpm] (cd:Swamp Rat)**

**Intro: 8 counts, on the 2 musics.**

**SIDE RIGHT, STEP FORWARD (= end of Jazz Box), TRIPLE LOCK STEP BACK, POINT BACK, UNWIND, TRIPLE STEP FORWARD**

|  |  |
| --- | --- |
| 1 – 2 | Right foot to side, left foot step forward, |

|  |  |
| --- | --- |
| 3 & 4 | Triple lock step back (R-L-R), |

|  |  |
| --- | --- |
| 5 – 6 | Point left back, unwind ½ turn to left (end weight on left foot), |

|  |  |
| --- | --- |
| 7 & 8 | Triple step forward (R-L-R), |

**SWAYS, TRIPLE LOCK STEP BACK, POINT BACK, UNWIND, TRIPLE STEP FORWARD**

|  |  |
| --- | --- |
| 9 – 10 | Left foot to side with sway, right foot to side with sway, |

|  |  |
| --- | --- |
| 11 & 12 | Triple lock step back (L-R-L), |

|  |  |
| --- | --- |
| 13 – 14 | Point right back, unwind ½ turn to right (end weight on right foot), |

|  |  |
| --- | --- |
| 15 & 16 | Triple step forward (L-R-L) |

**SIDE, CROSS BEHIND, SIDE ROCK-CROSS BEHIND, SIDE, CROSS OVER, SIDE ROCK-CROSS OVER**

|  |  |
| --- | --- |
| 17 – 18 | Right foot to side, left foot cross behind right foot, |

|  |  |
| --- | --- |
| 19 & 20 | Rock right foot to side, recover to the left, right foot cross behind left foot, |

|  |  |
| --- | --- |
| 21 – 22 | Left foot to side, right foot cross over left foot, |

|  |  |
| --- | --- |
| 23 & 24 | Rock left foot to side, recover to the right, left foot cross over right foot, |

**SIDE, BEHIND, ¼ TURN & TRIPLE STEP FORWARD, STEP ½ TURN, SYNCOPATED TRAVELLING PIVOT-STEP**

|  |  |
| --- | --- |
| 25 – 26 | Right foot to side, left foot cross behind right foot, |

|  |  |
| --- | --- |
| 27 & 28 | ¼ turn to the right and triple step forward (R-L-R), |

|  |  |
| --- | --- |
| 29 – 30 | Step forward on left, ½ turn to the right and step forward on right, |

|  |  |
| --- | --- |
| 31 & 32 | ½ turn to the right and step back on left, ½ turn to the right and step forward on right, step forward on left |

**LUNGE, DRAG, SAILOR STEP with ¼ TURN LEFT, FULL TWIST TURN RIGHT**

|  |  |
| --- | --- |
| 33 – 34 | Long step with right foot to side, left foot drag next to right foot (weight stay on right foot), |

|  |  |
| --- | --- |
| 35 & 36 | Left foot step behind right foot with ¼ turn to the left, right foot to side, left foot step on place, |

|  |  |
| --- | --- |
| 37 – 40 | Right foot cross behind left foot, unwind complete 1 turn to the right during 3 counts (ending weight on right foot) |

**Restart on music "Last Thing On My Mind": on the 2nd wall, restart the dance at the begining (Be careful, the counts 37 – 40 are modified during the Restart! Explanation at the end of choreography)**

**SIDE, BEHIND, ¼ TURN & TRIPLE STEP FORWARD, SIDE, HINGE ½ TURN, LOCK, BACK (= start half of Jazz Box)**

|  |  |
| --- | --- |
| 41 – 42 | Left foot to side, right foot cross behind left foot, |

|  |  |
| --- | --- |
| 43 & 44 | ¼ turn to the left and triple step forward (L-R-L), |

|  |  |
| --- | --- |
| 45 – 46 | Right foot to side, ½ turn to the left (on right leg) and left foot to side, |

|  |  |
| --- | --- |
| 47 – 48 | Right foot cross over left foot, step back on left. |

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

**On music "Last Thing On My Mind":**

**Restart: On the second wall, replace counts 37 - 40 with:**

|  |  |
| --- | --- |
| 37 – 40 | Right foot cross over left foot, unwind ¾ turn to the left during 3 counts (ending weight on left foot) (and then you are on 6:00) and restart the dance at the beginning (make the first 40 counts and restart the dance at the beginning). |

**TAG (8 counts) at the end of 4th wall, make the TAG and restart the dance at the bigining:**

**(SIDE, TOUCH)x2, SIDE, (HINGE ½ TURN)x2, TOGETHER**

|  |  |
| --- | --- |
| 1 – 2 | Right foot to side, left foot touch next to right foot, |

|  |  |
| --- | --- |
| 3 – 4 | Left foot to side, right foot touch next to left foot, |

|  |  |
| --- | --- |
| 5 – 6 | Right foot to side, ½ turn to the left (on right legg) & left foot to side, |

|  |  |
| --- | --- |
| 7 – 8 | ½ turn to the left (on left legg) & right foot to side, left foot step next to right foot. |

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

**On music "Stella I":**

**TAG (4 counts) at the end of 2nd and 4th walls, make the TAG and restart the dance at the bigining:**

**SLOW THREE STEP TURN, TOGETHER**

|  |  |
| --- | --- |
| 1 – 2 | ¼ turn to the right & step forward on right foot, ¼ turn to the right & left foot to side, |

|  |  |
| --- | --- |
| 3 – 4 | ½ turn to the right & right foot to side, left foot step next to right foot (ending weight on left foot). |

**Contact - Email: nath.martin007@orange.fr - Website: http://www.countryvillardance.com**