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| Love's on The Inside |  |

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| **Compte:** | 32 | **Mur:** | 4 | **Niveau:** | Intermediate | . |
| **Chorégraphe:** | Jill Babinec (USA) & Scott Schrank (USA) - August 2008 | | | | |
| **Musique:** | Feel Good - Gwen Guthrie : (CD: Hot Times) | | | | |
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**INTRO: 64 Counts from the first hard beat of music (starts after the ooh ahh ooh’s feels so good)**

**(1-9) STEP-POINT, CROSS, POINT, SAILOR-TURN-FORWARD, BUMP, BUMP, SAILOR STEP**

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| &1-2-3 | Step Rt across L (&), Point L toes left (1), Cross L foot over Rt (2), Point Rt toes Rt (3) |

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| 4&5 | Step ball of Rt behind left (4), Make ½ turn Rt on ball of Rt stepping L foot next to Rt (&), Step Rt foot forward shoulder width apart but keep weight mainly on left (5) (6:00) |

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| 6-7 | Bump hips Rt as pivot 1/8 turn left on balls of feet (6), Repeat to face (3:00 wt L) (7) |

**\*Option-Start Paddle turn ¼ left & bump Rt hip (6), Repeat paddle bump to finish ¼ turn (7)**

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| 8&1 | Step ball of Rt behind L foot (8), Step L next to Rt (&), Step Rt slightly forward (8) |

**(10-17) SAILOR- ¼ TURN, ROCK & ½ TURN, STEP, ¼ TURN L REPLACE-KICK**

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| 2&3 | Step L behind Rt (2), Make ¼ turn L on ball of L stepping Rt next to L (&), Step L slightly forward (3) (12:00) |

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| 4&5 | Rock fwd Rt (4), Recover on L starting ½ right (&), Step fwd Rt & finish ½ turn (5) (6:00) |

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| 6-7 | Step forward on L foot (6), Pivot ½ turn Rt (Weight on right)(7) (12:00) |

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| 8&1 | Step forward on L (8), Turn ¼ L as you step side right (&), L slide/step next to Rt with Rt low kick to Rt side (left foot is meant to 'kick' out right leg) (1) (9:00) |

**(18-24) CROSS, SIDE ROCK CROSS, BACK-BACK-BEHIND 1/8 TURN, SIDE TOGETHER-FWD**

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| 2&3 | Cross Rt over L (2), Side rock L and slightly fwd on L (&), Recover back onto Rt (3) |

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| 4 | Cross L over Rt (4) |

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| 5&6 | Step Rt back on right diagonal (body will open on L diag) (5), Step L back (still on same diagonal) (&), Step Rt back & slightly behind L (body will be open on L diag) (6) |

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| 7&8 | Step L to Lside as begin to square body up (7), Step R next to L (&), Step L fwd (8) (9:00) |

**(25-32) KNEE ROLL ¼ TURN, SHUFFLE FWD, ¼ PIVOT TURN, CROSS, WEAVE**

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| 1&2 | Step Rt fwd and roll knee out fwd and clockwise - rotate hip to follow knee (1), Rotate Rt knee back counter-clockwise - rotate hip to follow as you begin your ¼ turn L (&), Finish ¼ turn left (6:00) and place weight on Rt (sink wt into Rt hip like your sitting) (2) |

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| 3&4 | Step L forward (3), Step Rt next to L (&), Step L forward (4) |

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| 5& | Step R forward (5), Pivot ¼ turn L weight on L (&) |

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| 6 | Step Rt across L (6) |

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| 7&8 | Step L to L (7), Step Rt behind L (&), Step L to L (8) |

**Start right into your & count …. And have fun !!!!**

**Thanks to John Robinson for pointing out the CD and us finding this song!**