One Hell Of A Ball

Compte: 32 **Mur:** 4 **Niveau:** Beginner
Chorégraphe: Ivonne Verhagen (NL) - December 2014
Musique: One Hell of a Ball - Simon Burridge

Dance starts on vocals

KICK FORWARD, KICK SIDE, TRIPLE STEP, KICK FORWARD, KICK SIDE, TRIPLE STEP

1,2	RF kick forward, RF kick side,
3&4	RF step in place, LF step in place, RF step in place
5,6	LF kick forward, LF kick side,
7&8	LF step in place, RF step in place, LF step in place

KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP, STEP IN PLACE, STEP IN PLACE

1&2	RF kick forward, RF step RF in place, LF step in place
3&4	RF kick forward, RF step RF in place, LF step in place
5-6	RF rock forward, LF weight back on LF
7-8	RF step in place, LF step in place

SIDE ROCK STEP, TRIPLE IN PLACE, SIDE ROCK STEP, TRIPLE IN PLACE

1-2	RF rock side, weight back on LF
3&4	RF step in place, LF step in place, RF step in place
5-6	LF rock side, weight back on RF
7&8	LF step in place, RF step in place, LF step in place

PADDLE 1/8, PADDLE 1/8, JAZZ BOX

1-2	RF step forward, 1/8 turn left
3-4	RF step forward, 1/8 turn left
5-6	RF cross over LF, LF step back
7-8	RF step side, LF step close to RF

Have fun!!

Contact:-
www.ivonneenco.eu - http://www.youtube.com/user/ivonneverhagen
Ivonne.verhagen@planet.nl - Phone 0031 (0) 61514 3696