R & R Waltz



Compte: 48 Mur: 4 Niveau: Beginner

Chorégraphe: Jan Brookfield (UK) - January 2015 Musique: Rock & Roll Waltz - Scooter Lee



Or other waltz tunes of your choice.

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Section 1 : STEP	POINT HOLD	. BEHIND, SID	- ACROSS	SWAYS	. ROLLING TURN

1,2,3	Step L forward, point R to right side, hold for one count
4,5,6	Step R behind L, step L to side, step R across in front of L

7,8,9 Step L to side swaying hips out, recover weight onto R swaying hips right, sway hips left

(weight now on left)

10,11,12 Make a full rolling turn sideways to right: step on R making ¼ turn right, step on L turning

another ¼ right, step on R making ½ turn right

Section 2: LUNGE STEP x 2, TWINKLE QUARTER TURN, BASIC WALTZ BACK

13,14,15	Step L making a lunge across in front of R, recover weight onto R, step L to side
16,17,18	Step R making a lunge across in front of L, recover weight onto L, step R to side
19,20,21	Step L across R, step on R making ¼ turn left, step on L next to R
,	

(now facing 9 o'clock)

22,23,24 Step back on R, step on L next to R, recover weight onto R

Section 3 : STEP, STOMP, HITCH & KICK, BASIC WALTZ BACK, BASIC WALTZ HALF TURN, BASIC WALTZ BACK

25,26,27	Step L forward, stomp R next to L, hitch R knee & kick forward
28,29,30	Step R back, step L next to R, recover weight onto R
31,32,33	Step L forward making ½ turn left, step back on R, step L next to R(now facing 3 o'clock)
34,35,36	Step R back, step on L next to R, recover weight onto R

Section 4 : REPEAT SECTION 3 : STEP, STOMP, HITCH & KICK, BASIC WALTZ BACK, BASIC WALTZ HALF TURN, BASIC WALTZ BACK

37,38,39	Step L forward, stomp R next to L, hitch R knee & kick forward	
40,41,42	Step R back, step L next to R, recover weight onto R	
43,44,45	Step L forward making ½ turn left, step back on R, step L next to R	
46,47,48	Step R back, step on L next to R, recover weight onto R	
(now facing 9 o'clock position)		

START AGAIN

Last Update - 3rd April 2015