Pacifico (追逐太平洋) (zh)

Compte: 64 **Mur:** 2 **Niveau:** Intermediate
Chorégraphe: Peter Metelnick (UK) & Alison Metelnick (UK) - 2008年11月
Musique: Cabo San Lucas - Toby Keith : (CD: That Don't Make Me A Bad Guy)

前奏： Start after 24 count intro 24拍後起跳

第一段 R side, L together, R side chasse, L cross rock & recover, ¼ L & walk forward L, R (or L full turn forward)
右側, 左併, 右追步, 左交叉下沉回復, 左1/4, 前走-左, 右

1-2 Step R side, step L together 右足右踏, 左足併踏

3&4 Step R side, step L together, step R side
右足右踏, 左足併踏, 右足右踏

5-8 Cross rock L over R, recover weight on R, turning ¼ left step L forward, step R forward (or L full turn forward) (9 o'clock)
左足於右足前交叉下沉, 右足回復, 左轉90度左足前踏, 右足前踏(或前轉圈)(面向9點鐘)

第二段 L fwd shuffle, R fwd, ½ L pivot turn, R scuff fwd, R touch, R fwd shuffle 左前交換, 右前, 左轉1/2, 右前擦踢, 右點, 右前交換

1&2 Step L forward, step R together, step L forward
左足前踏, 右足併踏, 左足前踏

3-4 Step R forward, pivot ½ left 右足前踏, 左轉180度

5-6 Scuff/brush R forward, touch R forward (or cross touch R over L)
右足前擦踢, 右足前點(或右足於左足前交叉點)

7&8 Step R forward, step L together, step R forward (3 o'clock)
右足前擦踢, 右足前點(或右足於左足前交叉點)

第三段 L fwd rock & recover, ½ L triple, R fwd, ¼ L pivot turn, R fwd, ¼ L pivot turn 左前下沉回復, 左小三步1/2, 右前, 左轉1/4, 右前, 左轉1/4

1-2 Rock L forward, recover weight on R 左足前下沉, 右足回復

3&4 Turning ½ left step L forward, step R together, step L forward
左轉180度左足前踏, 右足併踏, 左足前踏

5-8 Step R forward, pivot ¼ left, step R forward, pivot ¼ left turn (use your hips on the turns…feels good) (3 o'clock)
右足前踏, 左轉90度(擺臀), 右足前踏, 左轉90度(擺臀)(面向3點鐘)

第四段 Walk fwd R & L, R apart, L apart and bump hips L/R/L, weave L 3
前走-右, 左, 右外, 左外, 推臀 左/右/左, 左藤步

1-2 Step R forward, step L forward 右足前踏, 左足前踏

&3-5 Step R apart, step L apart and bump hips left, bump hips right, bump hips left 右足右踏, 左足左踏左推臀, 右推臀, 左推臀

6-8 Cross step R behind L, step L side, cross step R over L (3 o'clock)
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏(面向3點鐘)

第五段 L side rock & recover, L cross shuffle, R step touch, L full turn & touch 左下沉回復, 左交叉交換, 右踏點, 左轉圈點

1-2 Rock L side, recover weight on R 左足左下沉, 右足回復

3&4 Cross step L over R, step R side, cross step L over R
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

5-6 Step R side, touch L together 右足右踏, 左足併點

7-8 Turning ¼ left step L forward, turning ½ left step R back
左轉90度左足前踏, 左轉180度右足後踏

9-10 Turning ¼ left step L side, touch R together (3 o'clock)
左轉90度左足左踏, 右足併點(面向3點鐘)

Non-turning option for 7-10: vine L with a touch
7-10拍可改跳華倫步最後以點結束

第六段 ¾ R turn, R rock back & recover, R fwd shuffle
右轉3/4, 下沉回復, 右前交換

1-2 Turning ¼ R step R fwd, turning ½ R step L back
右轉90度右足前踏, 右轉180度左足後踏

3-4 Rock R back, recover weight on L 右足後下沉, 左足回復

5-6 Step R forward, step L together, step R forward (12 o'clock)
右足前踏, 左足併踏, 右足前踏(面向12點鐘)

第七段 L fwd, ¼ R monterey turn, weave R 2, L sailor step
前踏, 右1/4蒙特瑞轉, 二步藤步, 左水手步

1-2 Step L forward, touch R toes to right side
左足前踏, 右足趾右點

3-4 Turning ¼ right step R together, point L toes to left
右轉90度右足併踏, 左足趾左點

5-6 Cross step L over R, step R side
左足於右足前交叉踏, 右足右踏

7&8 Cross step L behind R, step R side, step L side (3 o'clock)
左足於右足後交叉踏, 右足右踏, 左足左踏(面向3點鐘)

Ending:
DURING 5th wall at this point touch R toes behind L, unwind ¾ R to face front wall ending with weight on R, step L forward & strike a pose
第五面牆跳至此, 右足趾於左足後點, 右轉270度面向前面牆重心在右足, 左足前踏擺一個POSE結束

第八段 Weave L 4 with ¼ L, ½ L sweep & cross, L side rock & recover, L cross step 左藤步左轉1/4, 左繞1/2交叉, 左下沉回復, 左交叉踏

1-4 Cross step R over L, step L side, cross step R behind L, turning ¼ left step L forward
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏, 左轉90度左足前踏

5-6 Sweep R foot around ½ left, cross step R over L
右足左繞180度, 右足於左足前交叉踏

7&8 Rock L side, recover weight on R, cross step L over R (6 o'clock)
左足左下沉, 右足回復, 左足於右足前交叉踏(面向6點鐘)