K Polka

Compte: 40 **Mur:** 4 **Niveau:** Beginner
Chorégraphe: Kay Needham (USA) - October 2015
Musique: Una Paloma Blanca - George Baker

S1: Walk forward 3, hitch (clap); Walk back 3, touch (clap)

1-4 Left Walk forward 3 (L-R-L) & hitch right knee on 4 (slight hop) (clap optional)
5-8 Right Walk back 3 (R-L-R) & touch left beside right (clap optional)

S2: Vine Left; Vine Right - (Drunken Schottische)

1-4 Vine left L-R-L , touch R & clap
5-8 Vine right R-L-R, touch L & clap

S3: (Heel & Toe Polka)

1-4 Touch left heel at a 45º angle, touch left toe beside right foot & shuffle in place (L,R,L)
5-8 Touch right heel at a 45º angle, touch right toe beside left foot & shuffle in place (R,L,R)

S4: (Jessie Polka)

1-4 Touch left heel forward, step weight on left foot back to center, touch right toe back, touch right toe beside left
5-8 Touch right heel forward, step in place on right foot, Touch left heel forward, bend left over knee (hook)

S5: Stomp

1-4 Step left, stomp right beside left, step left, on (4) turn ¼ right and hook right foot
5-8 Stomp forward on right, left, right; on (8) turn left ½ and hook left foot

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