Killing Me Softly With His Song (醉倒在他的歌聲中) (zh)

Compte: 48 **Mur:** 2 **Niveau:** Improver
Chorégraphe: Nina Chen (TW) & Verny Tan (MY) - 2016年03月
Musique: Killing Me Softly (feat. Jano) - Charming Horses

Intro: 56 counts

Intro dance:32 counts
iS1. SIDE - TOGETHER - SIDE - HITCH.x2
1-4 Step RF to R - Step LF beside RF - Step RF to R - Hitch LF
5-8 Step LF to L - Step RF beside LF - Step LF to L - Hitch RF
1-4 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足抬起
5-8 左足左踏 - 右足併踏左足旁 - 左足左踏 - 右足抬起

iS2. ROCKING CHAIR - FWD PIVOT 1/2 TURN L - ROCK - RECOVER
1-4 Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF
5-8 Step RF fwd - Pivot 1/2 turn L (6:00) - Rock RF fwd - Recover onto LF
1-4 右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足
5-8 右足前踏 - 向左踏轉 1/2 (6:00) - 右足前下沉 - 重心回左足

iS3. SIDE - TOGETHER - SIDE - HITCH.x2
1-4 Step RF to R - Step LF beside RF - Step RF to R - Hitch LF
5-8 Step LF to L - Step RF beside LF - Step LF to L - Hitch RF
1-4 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左足抬起
5-8 左足左踏 - 右足併踏左足旁 - 左足左踏 - 右足抬起

iS4. ROCKING CHAIR - FWD PIVOT 1/2 TURN L - ROCK - RECOVER
1-4 Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF
5-8 Step RF fwd - Pivot 1/2 turn L (12:00) - Rock RF fwd - Recover onto LF
1-4 右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足
5-8 右足前踏 - 向左踏轉 1/2 (12:00) - 右足前下沉 - 重心回左足

Main dance: 48 Counts
S1. SIDE - TOGETHER - FWD SHUFFLE - SIDE - TOGETHER - BACK SHUFFLE
12,3&4 Step RF to R - Step LF beside RF - Fwd shuffle (R L R)
56,7&8 Step LF to L - Step RF beside LF - Back shuffle (L R L)
12,3&4 右足右踏 - 左足併踏右足旁 - 前交換步 (右左右)
56,7&8 左足左踏 - 右足併踏左足旁 - 後交換步 (左右左)

S2. ROCK - RECOVER - KICK BALL CHANGEx2 - ROCK - RECOVER
12,3&4 Rock RF back - Recover onto LF - Kick RF fwd - Step RF beside LF - Step LF in place
5&6,78 Kick RF fwd - Step RF beside LF - Step LF inplace - Rock RF fwd - Recover onto LF
12,3&4 右足後下沉 - 重心回左足 - 右足前踢 - 右足回踏 - 左足原地踏
5&6,78 右足前踢 - 右足回踏 - 左足原地踏 - 右足前下沉 - 重心回左足

S3. ROCK - RECOVER - COASTER - FWD PIVOT 1/2 TURN R - FWD SHUFFLE
12,3&4 Rock RF to R - Recover onto LF - Step RF back - Step LF beside RF - Step RF fwd
56,7&8 Step LF fwd - Pivot 1/2 turn R (6:00) - Fwd shuffle (L R L)
12,3&4 右足右下沉 - 重心回左足 - 右足後踏 - 左足併踏右足旁 - 右足前踏
56,7&8 左足前踏 - 向右踏轉 1/2 (6:00) - 前交換步 (左右左)

S4. ROCK - RECOVER - CROSS SHUFFLE - ROCK - RECOVER - VINE

12,3&4	Rock RF to R - Recover onto LF - Cross shuffle (R L R)
56,7&8	Rock LF to L - Recover onto RF - Step LF behind RF - Step RF to R - Cross LF over RF
12,3&4	右足右下沉 - 重心回左足 - 右足跨交換步(右左右)
56,7&8	左足左下沉 - 重心回右足 - 左足後跨 - 右足右踏 - 左足前跨

S5. WEAVE - TOUCH - SIDE - TOUCH - SIDE - TOUCH

1-4	Step RF to R - Cross LF behind RF - Step RF to R - Touch LF beside RF
5-8	Step LF to L - Touch RF behind LF - Step RF to R - Touch LF behind RF
1-4	右足右踏 - 左足後跨 - 右足右踏 - 左足點於右足旁
5-8	左足左踏 - 右足後跨點 - 右足右踏 - 左足後跨點

S6. ROLLING VINE FULL TURN L - TOUCH - SWAY (ROLLING BODY)

1-4	1/4 turn L (3:00) step LF fwd - 1/2 turn L (9:00) step RF back - 1/4 turn R (6:00) step LF to L - Touch RF beside LF
5-8	Step RF to R & sway (R L R L) or Rolling body (weight onto LF)
1-4	左轉 1/4 (3:00) 左足前踏 - 左轉 1/2 (9:00) 右足後踏 - 左轉 1/4 (6:00) 左足左踏 - 右足點於左足旁
5-8	右足右踏並搖臀 (右左右左) 或 搖滾上半身 (重心回左足)

Tag: After Wall2 (12:00), Wall4 (12:00), Wall5 (6:00), Wall6 (12:00)
ROCKING CHAIR.x2

1-4	Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF
5-8	Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF
1-4	右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足
5-8	右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足

Have Fun & Happy Dancing!

Contact Nina Chen: nina.teach.dance@gmail.com

Last Update – 31st March 2016