All About Me



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Maddison Glover (AUS) - April 2016

Musique: I Love Me - Meghan Trainor & LunchMoney Lewis



Dance begins after count 24: Listen for the high-pitched female vocal before he sings 'I LOVE', begin dance

Toe, Heel, Cross, Toe, Heel, Cross, Vine ¼, Step ½, ¼ Side		
1,2	Touch R toe beside L (turn R knee in towards L knee), touch R heel fwd onto R diagonal,	
3&	Step R across L, touch L toe next to R (turn L knee in towards R knee),	
4&	Touch L heel fwd onto L diagonal, cross L over R	
5&6	Step R to R side, step L behind R, turn 1/4 R stepping fwd on R 3:00	
7&8	Step L fwd, pivot ½ turn R finishing with weights on R, turn ¼ R stepping L to L side 12:00	

Back Rock, Replace, Point, Behind, ¼ Forward, Forward, ¼ Walk Around, ¼ Shuffle Around

1&2	Rock R back/ behind L, replace weight fwd onto L, point R to R side (with attitude)
3&4	Step R behind L, turn ¼ L stepping fwd on L, step R fwd 9:00
5,6	(¼ walk around) Turn 1/8 L stepping fwd on L, turn 1/8 L stepping fwd on R 6:00
7&8	(1/4 shuffle around) Turn 1/4 L whilst stepping fwd on L, step R together, step L fwd 3:00

3x Back Sweeps, Back (Knee Pop), Fwd, ½ Back, ½ Shuffle Fwd

1	Make ½ turn over L stepping back on R as you sweep L around anti-clockwise 9:00
2	Step back on L whilst sweeping right around clockwise,
3	Step back on R as you sweep L around anti-clockwise,
4	Step back onto L (sink back onto L foot whilst popping R knee)
5,6	Step fwd onto R, make ½ turn over R stepping back on L,
7&8	Turn ¼ R stepping R to R side, step L together, turn ¼ R stepping fwd onto R 9:00

Out, Out, Coaster, Point, Together, Kick Forward (low), Hitch, 1/4 Rock, 1/4 Rock Forward

1,2	Step L fwd/ out onto L diagonal, step R fwd to R side
3&4	Step L back, step R together, step L fwd
5&6&	Point R to R side, touch R beside L, kick R fwd (slightly off ground), hitch

round), hitch R knee up

7 Turn ¼ R rocking R to R side (option: roll R shoulder to R) 12:00

Turn ¼ L as you replace weight fwd onto L (option: roll R shoulder fwd) 9:00

NO RESTARTS, NO TAGS AND THE DANCE FINISHES ON THE FRONT WALL - Hallelujah! Be sure to stretch out the sweeps on the 'Hey Hey'

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