Within You'll Remain (你常駐我心中) (zh)

Compte: 120 **Mur:** 4 **Niveau:** Phrased Intermediate
Chorégraphe: Amy Yang (TW) - 2017年07月
Musique: Within You'll Remain - Chyna

Intro : 44 counts
Sequence of dance : A A(24) B A(20) C C/ B A(24) C C A(16)

PART A – 48 counts
Sec. A1: FORWARD, SWEEP(R&L), JAZZ BOX

1 – 4	Step RF forward, Sweep LF form back out to front, Step LF forward, Sweep RF form back out to front
5 – 8	Cross RF over LF, Step LF back, Step RF to R, Cross LF over RF
1 – 4	右足前踏,左足向前繞,左足前踏,右足向前繞
5 – 8	右足交叉左足前,左足後踏,右足右踏,左足交叉右足前

Sec. A2: SIDE, DRAG, BACK, RECOVER(R&L)

1 – 4	Step RF big step to R, Drag LF slide towards R, Cross LF behind RF, Recover onto RF
5 – 8	Step LF big step to L, Drag RF slide towards L, Cross RF behind LF, Recover onto LF
1 – 4	右足右踏一大步,左足向右拖滑,左足交叉右足後,重心回右足
5 – 8	左足左踏一大步,右足向左拖滑,右足交叉左足後,重心回左足

Sec. A3: 1/4 TURN L SIDE, DRAG, BACK, RECOVER, SIDE, DRAG, BACK, RECOVER

1 – 4	1/4 turn L stepping RF big step to R, Drag LF slide towards R, Cross LF behind RF, Recover onto RF(09:00)
5 – 8	Step LF big step to L, Drag RF slide towards L, Cross RF behind LF, Recover onto LF
1 – 4	左轉 1/4右足右踏一大步,左足向右拖滑,左足交叉右足後,重心回右足(09:00)
5 – 8	左足左踏一大步,右足向左拖滑,右足交叉左足後,重心回左足

Restarts : During wall 2(06:00) & wall 8(12:00), dance PART A - after 24 counts, wall 8 change the count 21-24 to touch instead of step
During wall 4(03:00), after 20 counts

Sec. A4: RUMBA BOX, 1/4 TURN L FLICK RF

1 – 4	Step RF to R, Step LF beside RF, Step RF back, Hold
5 – 8	Step LF to L, Step RF beside LF, Step LF forward, Make 1/4 turn L flick on RF(06:00)
1 – 4	右足右踏,左足併於右足旁,右足後踏,停拍
5 – 8	左足左踏,右足併於左足旁,左足前踏,左轉 1/4右足向後輕彈(06:00)

Sec. A5: WEAVE, SWEEP, WEAVE, POINT

1 – 4	Cross RF over LF, Step LF to L, Cross RF behind LF, Sweep LF form front out to back
5 – 8	Cross LF behind RF, Step RF to R, Cross LF over RF, Point RF to R
1 – 4	右足交叉左足前,左足左踏,右足交叉左足後,左足後繞
5 – 8	左足交叉右足後,右足右踏,左足交叉右足前,右足側點

Sec. A6: BACK, POINT, BESIDE, STEP, FORWARD, RECOVER, BACK, TOUCH

1 – 4	Cross RF behind LF, Point LF to L, Step LF beside RF, Step on RF in place
5 – 8	Step LF forward, Recover onto RF, Step LF big step to back, Touch RF beside LF
1 – 4	右足交叉左足後,左足側點,左足併於右足旁,右足踏
5 – 8	左足前踏,重心回右足,左足後踏,右足點於左足旁

PART B – 40 counts
Sec. B1: CROSS, HOLD(R&L), FORWARD, PIVOT 1/2 TURN L, FORWARD, HOLD

1 – 4 Cross RF over LF, Hold, Cross LF over RF, Hold
5 – 8 Step RF forward, Pivot 1/2 turn L step on LF, Step RF forward, Hold(09:00)
1 – 4 右足交叉左足前,停拍,左足交叉右足前,停拍
5 – 8 右足前踏,左軸轉 1/2左足踏,右足前踏,停拍(09:00)

Sec. B2: CROSS, HOLD(L&R), FORWARD, PIVOT 1/2 TURN R, FORWARD, HOLD
1 – 4 Cross LF over RF, Hold, Cross RF over LF, Hold
5 – 8 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Hold(03:00)
1 – 4 左足交叉右足前,停拍,右足交叉左足前,停拍
5 – 8 左足前踏,右軸轉 1/2右足踏,左足前踏,停拍(03:00)

Sec. B3: SIDE, BEHIND, 1/4 TURN R, FORWARD, PIVOT 1/2 TURN R, 1/4 TURN R, BEHIND, SIDE
1 – 4 Step RF to R, Cross LF behind RF, 1/4 turn R step RF forward, Step LF forward(06:00)
5 – 8 Pivot 1/2 turn R step on RF, 1/4 turn R step LF to L, Cross RF behind LF, Step LF to L(03:00)
1 – 4 右足右踏,左足交叉右足後,右轉 1/4 右足前踏,左足前踏(06:00)
5 – 8 右軸轉 1/2 右足踏,右轉 1/4 左足左踏,右足交叉左足後,左右左踏(03:00)

Sec. B4: CROSS, RECOVER, SIDE, HOLD(R&L)
1 – 4 Cross RF over LF, Recover onto LF, Step RF to R, Hold
5 – 8 Cross LF behind RF, Recover onto RF, Step LF to L, Hold
1 – 4 右足交叉左足前,重心回左足,右足右踏,停拍
5 – 8 左足交叉右足後,重心回右足,左足左踏,停拍

Sec. B5: SWAY, HOLD(R&L), SWAY(R、L、R、L)
1 – 4 Sway hip R, Hold, Sway hip L, Hold
5 – 8 Sway hip R、L、R、L
1 – 4 搖右臀,停拍,搖左臀,停拍
5 – 8 搖臀右、左、右、左

PART C – 32 counts
Sec. C1: SWAY, HOLD(L&R), SCISSOR CROSS, HOLD
1 – 4 Sway hip L, Hold, Sway hip R, Hold
5 – 8 Step LF to L, Step RF beside LF, Cross LF over RF, Hold
1 – 4 搖左臀,停拍,搖右臀,停拍
5 – 8 左足左踏,右足併於左足旁,左足交叉右足前,停拍

Sec. C2: SWAY, HOLD(R&L), SCISSOR CROSS, HOLD
1 – 4 Sway hip R, Hold, Sway hip L, Hold
5 – 8 Step RF to R, Step LF beside RF, Cross RF over LF, Hold
1 – 4 搖右臀,停拍,搖左臀,停拍
5 – 8 右足右踏,左足併於右足旁,右足交叉左足前,停拍

Sec. C3: SHUFFLE DIAGONAL(L&R), HOLD
1 – 4 Step LF forward L diagonal, Lock RF behind LF, Step LF forward L diagonal, Hold
5 – 8 Step RF forward R diagonal, Lock LF behind RF, Step RF forward R diagonal, Hold
1 – 4 左足踏左斜前,右足鎖於左足後,左足踏左斜前,停拍
5 – 8 右足踏右斜前,左足鎖於右足後,右足踏右斜前,停拍

Sec. C4: FORWARD, PIVOT 1/2 R TURN R, FORWARD, HOLD, FORWARD, RECOVER, BESIDE, HOLD
1 – 4 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Hold (06:00)
5 – 8 Step RF forward, Recover onto LF, Step RF beside LF, Hold
1 – 4 左足前踏,右軸轉 1/2右足踏,左足前踏,停拍(06:00)
5 – 8 右足前踏,重心回左足,右足併於左足旁,停拍

Start again.

Restarts : During wall 2(06:00) & wall 8(12:00), dance PART A - after 24 counts. wall 8 change the count 21-24 to touch instead of step & restart(09:00)During wall 4(03:00), after 20 counts
重新開始:第二面牆及第八面牆，跳至A段落第24拍。第八面牆21-24拍更改踏為點, 第二面牆，跳至20拍

Ending : During wall 11, after 12 counts, Then Step LF to L, Cross RF behind LF, 1/4 turn L
step LF forward, Step RF forward, Pivot 1/2 turn L step on LF, Step RF beside LF to face the front(facing 12:00)
結束:第十一面牆,跳12拍,然後左足左踏，右足交叉左足後,左轉 1/4 左足前踏,右足前踏,左軸轉 1/2 左足踏，右足併於左足旁，面向前(面向12: 00)

Have Fun & Happy Dancing !

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