

No Trash In My Trailer

Compte: 32

Mur: 4

Niveau: Improver ECS

Chorégraphe: Stéphane Cormier (CAN) & Guy Dubé (CAN) - August 2018

Musique: No Trash In My Trailer - Colt Ford



Dance submitted and presented at : Atelier X-trême (August 2018)

Intro: 32 counts.

[1-8] TRIPLE STEP SIDE, ROCK BACK, 1/4 TURN R and TRIPLE STEP BACK, 1/4 TURN R and TRIPLE STEP SIDE

- 1&2 Triple step R,L,R to right
- 3-4 Cross L behind R with weight, recover on R
- 5&6 1/4 turn to right and triple step L,R,L back
- 7&8 1/4 turn to right and triple step R,L,R to right

[9-16] CROSS ROCK STEP, HEEL SWITCHES, VAUDEVILLE

- 1-2 Cross L over R with weight, recover on R
- &3&4 Step L together R, heel touch R forward, step R together L, heel touch L forward
- &5&6 Step L together R, cross R over L, step L to left, heel touch R forward diagonally to right
- &7&8 Step R together L, cross L over R, step R to right, heel touch L forward diagonally to left

[17-24] TOGETHER, ROCK STEP with SWEEP, SAILOR STEP, 1/4 TURN L with SAILOR, KICK-BALL-CHANGE

- & Step L together R
- 1-2 Step R forward with weight, recover on L in sweeping leg R from forward to back
- 3&4 Cross R behind L, step L to left, step R on place
- 5&6 Step L behind R in 1/8 turn to left, step R together L in 1/8 turn to left, step L forward
- 7&8 Kick R forward, ball R together L, step L forward

[25-32] 1/4 TURN L and TRIPLE STEP to R, 1/4 TURN L and TRIPLE STEP to L, CROSS, SIDE, CROSS, SIDE, STOMP

- 1&2 1/4 turn to left and triple step R,L,R to right
- 3&4 1/4 turn to left and triple step L,R,L to left
- 5-6 Cross R over L, step L to left
- &7-8 Cross R behind L, step L to left, stomp R on the floor together L (ending weight on L)

REPEAT and HAVE FUN !

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