

Back In My World

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Ivonne Verhagen (NL) & Karianne Heimvik (NOR) - September 2018

Musique: Back In My World - Alain Clark



Dance starts after 32 counts (on vocals)

(1-8) Sailor step, sailor ¼ turn, ¼ turn cross, ½ turn point

- 1&2 RF step behind LF, step LF to left, step RF step slightly right side
- 3&4 ¼ turn to left & LF step behind RF, RF steps side, LF step slightly left side (9h)
- 5&6 RF step forward, ¼ turn to left stepping LF in place, RF cross over LF (6h)
- 7&8 ¼ turn to right stepping back on LF, ¼ turn to right stepping RF to right, point LF to left (12h)

(9-16) & point, Bodyroll backwards, & point, ¼ turn walk, walk, ¼ turn

- &1,2 LF step on LF, RF point side, Bodyroll backwards shifting weight from LF, to RF
- &3,4 LF step next to RF, point RF to right, drag RF next to LF (with pointed foot)
- &5,6 RF step down, ¼ turn to left stepping fwd on LF, step fwd on RF (9h)
- 7&8 LF step forward on LF, make ¼ turn to right stepping RF in place, cross LF over RF (12h)

(17-24) C-bump, kick ball cross, mambo step, fwd mambo

- 1&2 RF point to right as you hitch your right hip up, let your right hip back to center, 1/8 turn to left stepping down on R pushing right hip back (popping L knee) (10.30h)
- 3&4 LF kick fwd, step ball of LF next to RF, cross RF over LF
- 5&6 LF rock to left, recover weight to RF turning 1/8 to right, step LF next to RF (12h)
- 7&8 RF step fwd on RF, recover weight on LF, step RF next to LF (for styling, push your hips back)

(25-32) Fwd lock step, rock ¼ turn, walk, walk, pivot ½ turn, ½ turn with sweep

- 1&2 LF step fwd on LF, lock RF behind LF, step fwd on LF
- 3&4 RF step fwd on RF, recover weight to L, make a ¼ turn to right stepping RF to right (3h)
- 5,6 LF step fwd on LF, step fwd on RF
- 7&8 LF step fwd on LF, make a ½ turn to right stepping fwd on RF, make ½ turn to right stepping back on LF while sweeping RF around to start again. (3h)

Restart after 16 counts in wall 6:

After count 16, add: &: touch R to right