H.E.L.P???

Compte: 32 **Mur:** 4 **Niveau:** Improver
Chorégraphe: Val Saari (CAN) - November 2018
Musique: Help! - The Beatles

RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK, SHUFFLE FORWARD (LRL), RF STEP-PIVOT 1/2 LEFT

1&2&	Cross RF over L, Touch RF toe - drop R heel, Step LF left on toes, LF heel down
3&4	Rock RF back, Recover LF, Step RF together, hold
5&6	Shuffle forward LRL
7-8	Step RF forward, hold, Pivot 1/2 turn left (weight on left)

KICK-BALL CHANGE X 2 (RR), OUT, OUT, IN, IN

1&2	Kick RF forward, Step RF together, Step LF together, hold
3&4	Kick RF forward, Step RF together, Step LF together, hold
5-6	Step RF right, Step LF left
7-8	Step RF left, Step LF together

VINE RIGHT, SYNCOPATED SCISSORS, L TOE-TOUCHES, REVERSE GRAPEVINE

1-2	Step RF to right side, Step LF behind R
3&4	Rock RF to right side, Recover LF, Cross RF over left
5-6	Tap LF toes to left side twice
7&8	Cross-step LF behind R, Step RF right, Cross-step LF in front of R

RF SHUFFLE FWD, PIVOT 1/2 R, LF SHUFFLE FWD, PIVOT 1/4 L

1&2	Step RF forward, Step LF beside R, Step RF forward
3-4	Step LF forward, Pivot 1/2 R
5&6	Step LF forward, Step RF beside L, Step LF Forward
7-8	Step RF forward, Pivot 1/4 L

REPEAT - No Tags, No Restarts

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