

EZ Running

COPPERKNOB
STEPPERS

Compte: 16

Mur: 2

Niveau: Easy Beginner



Chorégraphe: Betty Lee (CAN) - December 2018

Musique: Running - James Bay

Intro: 32 counts

SECTION 1: R NIGHTCLUB BASIC, SIDE, STEP-LOCK-STEP, FORWARD ROCK, BACK-LOCK-BACK

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|--------|--|
| 1, 2&3 | Big step R to R side (1), Rock back on L (2), Recover onto R (&), Step L to L side (3) |
| 4&5 | Step Fwd R, Lock step L behind R, Step Fwd R |
| 6,7 | Rock step Fwd on L, Recover onto R |
| 8&1 | Step back L, Lock step R in front of L, Step back L |

SECTION 2: SWAY R-L, R COASTER, STEP, PIVOT ½ R, STEP

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|-------|--|
| 2,3 | Step R to R side swaying hips to R, Sway hips to L (weight onto L) |
| 4&5 | Step back R, Step L next to R, Step Fwd R |
| 6,7,8 | Step fwd L, Pivot ½ turn R weight onto R, Step Fwd L (6:00) |

REPEAT
