Shake it off

Compte: 56 **Mur:** 4 **Niveau:** High Beginner
Chorégraphe: Jennifer Workman (USA) - January 2019
Musique: Shake It Off - Taylor Swift

Section 1: Sliding Forward Right then left

1-4 Step forward at an angle right together left, right together left.
5-8 Step forward at an angle left together right, left together right.

Section 2: Hopping backwards right to left.

1-4 Hop back angle right, right left, this is 1 and 2. Hop back angle left, left right, this is 3 and 4.
5-8 Hop back angle right, right left, this is 5 and 6. Hop back angle left, left right, this is 7 and 8.

Section 3+4: Ankle swivels ¼ turn and ½ turn.

1-4 Step out with right foot and swivel with right for 4 counts while turning 1/8 th of turn left.
5-8 Finishing ¼ turn by swiveling left foot for 4 counts.

1-4 Step out right and swivel 4 counts for ¼ turn.
5-8 Swivel left for 4 counts for ¼ turn.

Section 5: Right together left, left together right.

1-4 Right together left, right together left.
5-8 Left together right, left together right.

Section 6: Stomp right hold, stomp left hold, and shake.

1-4 Stomp to the Right for 1-2, Stomp to the left for 3-4.
5-8 Swing hips right left right left for 5-6-7-8.

Section 7: 4 heel ¼ turns.

1-4 Right heel ¼ turn left, left heel and stay.
5-8 right heel ¼ turn left, left heel and stay.