Gravy Train (Ahh Bisto)

Compte: 32 **Mur:** 4 **Niveau:** Absolute Beginner
Chorégraphe: David Sinfield (UK), Rob Fowler (ES) & I.C.E. (ES) - November 2020
Musique: Gravy (For My Mashed Potatoes) - Dee Dee Sharp : (iTunes, Amazon Music and Spotify - 2:04)

Intro: 16 counts (approx. 9 secs)

S1: GRAPEVINE RIGHT, TOUCH, HIP BUMPS LEFT, HIP BUMPS RIGHT

1,2,3	Step right to right side, cross left behind right, step right to right side
4	Touch left beside right
5&6	Bump hips left, right, left
7&8	Bump hips right, left, right 12:00

S2: GRAPEVINE LEFT, TOUCH, HIP BUMPS RIGHT, HIP BUMPS LEFT

1,2,3	Step left to left side, cross right behind left, step left to left side
4	Touch right beside left
5&6	Bump hips right, left, right
7&8	Bump hips left, right, left 12:00

S3: WALK FORWARD x3, KICK, WALK BACK x3, TOUCH

1,2,3	Walk forward right, left, right
4	Kick left foot forward
5,6,7	Walk back left, right, left
8	Touch right beside left 12:00

S4: PIVOT 1/8 TURN LEFT x2, JAZZ JUMP FORWARD, CLAP, JAZZ JUMP BACK, CLAP

1,2	Step right forward, pivot 1/8 turn left
3,4	Step right forward, pivot 1/8 turn left
&5,6	Small jump forward on right, small jump forward on left, clap hands
&7,8	Small jump back on right, small jump back on left, clap hands 9:00

Start Over
Happy Dancing

OPTIONAL HAND AND ARM MOVEMENTS
On section 1 during the hip bumps - two right mashed potatoes (right fist on top), then two left mashed potatoes (left fist on top)
On section 2 during the hip bumps - do finger rolls with one hand on elbow and the other forearm vertical, rotating wrist with index finger extended upwards