Smokin' "A"



Compte: 0 Mur: 4 Niveau: Advanced

Chorégraphe: Holly Susan (Boots) Groeschel (USA), David Groeschel (USA) & Mark

Thomlinson (USA)

Musique: I'm a Cowboy - Smokin' Armadillos



INTRO - THIS IS DONE ON THE 1ST AND 3RD WALL ONLY!

| 1-2 | Slide 45 angle left | & drag your right | hacida laft |
|-----|---------------------|-------------------|---------------|
| 1-2 | Slide 45 andle lett | & araa vour nani | . beside ieit |

- 3-4 One heel split (open/close)
- 5-6 Slide 45 angle right & drag the left beside right
- 7-8 One heel split (open/close)
- 9-10 Slide 45 angle back left & drag your right beside left
- 11-12 One heel split (open/close)
- 13-14 Slide 45 angle back right & drag the left beside right
- 15-16 One heel split (open/close)

Arms: Forward movement: reach on (1) & (5) counts with opposite hand, and pull on (2) & (6) counts, other hand stays at waist.

Back movement, opposite hand open (palm down) on (9) & (13) counts. Hands stay at waist for heel splits.

KICK AND LUNGE

7&8

| 1 | Kick right foot forward 6" from the floor |
|-----|---|
| & | Step next to left with weight on right |
| 2 | Point left foot out to the side |
| 3 | Kick left forward 6" from the floor |
| & | Step next to right with weight on left |
| 4 | Point right foot out to the side |
| 5&6 | Repeat 1&2 |

This movement is like a kick ball change except with a lunge outward on the 2,4,6 and 8 counts.

HEEL DIGS AND THIGH SLAPS

| 1 | Cross right over left and dig right heel to floor |
|---|---|
|---|---|

- 2 Step on left (in place)
- 3 Rock step back with right foot

Repeat 3&4

- 4 Step on left (in place)
- 5 Cross left over right and dig left heel to floor
- 6 Step on left (in place)
- 7&8 With weight on both feet, slap outside of thighs back, then, forward & clap

HEEL DIGS AND THIGH SLAPS

- 2 Step on right (in place)
- 3 Rock step back with left foot
- 4 Step on right (in place)
- 5 Cross left over right and dig left heel to floor
- 6 Step on right (in place)
- 7&8 With weight on both feet, slap outside of thighs back, then, forward & clap

KICK BALL CHANGE AND ½ TURN

- 1&2 Kick ball change right foot
- 3 Right toe back
- 4 Turn ½ right (transfer weight to right)

5&6 Kick ball change left (weight on right)

7 Step left forward

8 Stomp right next to left

SIDE WALK AND KNEE HITCH

1 Turn ¼ right

2-3 Walk left foot, right foot

4 Bring left knee up & turn ½ left 5-6-7 Walk left foot, right foot, left foot 8 Bring right knee up and turn ¼ right

HOP CROSS & ¾ TURN, STEP TOGETHER, STOMP

1 Both feet hop out (like a jumping jack)

2 Hop & cross right of left foot

3 ¾ turn left 4 Hold

Step forward with right
Slide left beside right
Step forward with right
Stomp left (weight on left)

REPEAT

Skip intro for wall 2 Include intro for wall 3 Skip intro for wall 4