

# D&L SHUFFLE

**Count:** 52      **Wall:** 4      **Level:** intermediate

**Choreographer:** David & Lorraine Spreight

**Music:** Linda Lou by The Tractors



## **RIGHT CHASSE / ROCK RECOVER / ROLLING LEFT VINE**

- 1&2                      Step right to right side, step left beside right, step right to right side
- 3-4                      Rock back on left foot, recover weight back on right
- 5-6                      Step left ¼ turn left, step right forward ½ turn left
- 7-8                      Step left back ½ turn left, touch right beside left

## **FORWARD SHUFFLE / STEP ¼ TURN / BACK SHUFFLE / ROCK RECOVER**

- 9&10                     Step right forward, step left beside right, step right forward
- 11-12                    Step left forward ¼ turn right, step right beside left
- 13&14                    Step left back, step right beside left, step left back
- 15-16                    Rock back on right, recover weight on left

## **HEEL SWITCHES / HOLD / HEEL SWITCHES / ROCK RECOVER**

- 17&                      Touch right heel forward, step right beside left
- 18&                      Touch left heel forward, step left beside right
- 19-20                    Touch right heel forward, hold
- &21                      Step right beside left, touch left heel forward
- &22                      Step left beside right, touch right heel forward
- &                          Step right beside left
- 23-24                    Rock forward on left, recover weight back on right

## **BACK HOLD / UNWIND HOLD / SIDE TOUCHES HOLD**

- 24-26                    Step left behind right foot, hold
- 27-28                    Unwind ½ turn over left, hold
- 29&                      Touch right toe to right side, step right beside left
- 30&                      Touch left to to left side, step left beside right
- 31-32                    Touch right toe to right side, hold

## **CROSS SHUFFLE / ROCK RECOVER / CROSS SHUFFLE / ROCK RECOVER**

- 33&34                    Cross right over left, step left beside right, cross right over left
- 35-36                    Rock left to left side, recover weight back on right
- 37&38                    Cross left over right, step right beside left, cross left over right
- 39-40                    Rock right to right side, recover weight back on left

## **TRIPLE ½ TURN / ROCK RECOVER / TRIPLE ½ TURN / ROCK RECOVER**

- 41&42                    Step forward triple ½ turn on right/left/right
- 43-44                    Rock back on left, recover weight on right
- 45&46                    Step forward triple ½ turn on left/right/left
- 47-48                    Rock back on right, recover weight on left

## **JUMP FORWARD / TAP HEELS X3**

- &49                      Step right forward, step left forward and slightly past right
- 50-51                    Tap left heel, tap left heel

Tap left heel down and put weight onto left

**REPEAT**