B Bop



Compte: 48 Mur: 2 Niveau: Intermediate

Chorégraphe: The Buffalo Girls

Musique: At the Hop - Danny & The Juniors



THE BOP

Fan right toe left while sliding left toe in front of right foot (weight on right heel)

2 Bring both feet back to shoulder width apart (weight both feet)

3 Fan left toe right while sliding right toe in front of left foot (weight on left heel)

4 Bring both feet back to shoulder width apart (weight on both feet)

5-16 Repeat counts 1-4 three more times

Styling note: On counts 1, 3, 5, and 7, bring hands up and snap fingers. On counts 2, 4, 6, and 8 drop hands.

THE STOMP

17	Stomp forward with left foot
18	Step in place with right foot
19	Step next to right foot with left foot
20	Step in place with right foot
21-24	Repeat counts 17-20

THE CHICKEN (BUFFALO WINGS)

The following steps should imitate a chicken prancing around the barnyard and are performed a) with right hand placed near right armpit, left hand placed near left armpit and elbows out to side, b) moving elbows up and down (flapping) like chicken wings, c) with knees bent and moving in & out When dancing to "205" replace above "Chicken" movements with "boogie woogie" styling.

Step in place onto ball of left foot
Step in place onto ball of right foot
Step in place onto ball of left foot
Step in place onto ball of right foot

29-32 Repeat counts 25-28

THE STROLL

33	Step forward with left foot
34	Slide right foot forward behind left foot and lock
35	Step forward with left foot
36	Hold
37	Step forward with right foot
38	Slide left foot forward behind right foot and lock
39	Step forward with right foot
40	Hold

THE GROOVE

41	Step back onto ball of left foot
42	Step back down onto heel of left foot, snap fingers
43	Step back onto ball of right foot
44	Step down onto heel of right foot, snap fingers
45	Step back onto ball of left foot
46	Step down onto heel of left foot, snap fingers
47	Step across left foot with right toe
48	Pivot ½ turn left onto right foot (weight right)

REPEAT

