

# J HO AB

**Count:** 32      **Wall:** 2      **Level:** Absolute Beginners

**Choreographer:** Tiffany Carter (UK) April 09

**Music:** A.R. Rahman & The Pussycat Dolls- Jai Ho (You Are My Destiny)



## **Right Grapevine, Side Touches**

- 1-2                      Step Right To Right Side, Cross Left Behind Right
- 3-4                      Step Right To Right Side, Touch Left Beside Right
- 5-6                      Step Left To Left Side, Touch Right Beside Left
- 7-8                      Step Right To Right Side, Touch Left Beside Right

**optional arms: Both arms out to sides making a big circle up and over head bringing them down in front of body to meet in prayer position.**

## **Left Grapevine, Side Touches**

- 9-10                    Step Left To Left Side, Cross Right Behind Left
- 11-12                   Step Left To Left Side, Touch Right Beside Left
- 13-14                   Step Right To Right Side, Touch Left Beside Right
- 15-16                   Step Left To Left Side, Touch Right Beside Left

**optional arms: Both arms out to sides making a big circle up and over head bringing them down in front of body to meet in prayer position.**

## **Step Forward Right & Heel Bounces ¼ Turn Left X2**

- 17-20                   Step Right Forward, Bounce Both Heels 3 Times Turning ¼ Left
- 21-24                   Step Right Forward, Bounce Both Heels 3 Times Turning ¼ Left

**optional arms: Tommy Cooper "Just Like That" or**

**Put arms straight down with palms facing ground and bounce shoulders in time with heel bounces**

## **'V Step' X2**

- 25-26                   Step Forward And Out On Right, Step Forward And Out On Left
- 27-28                   Step Back On Right, Close Left To Right
- 29-30                   Step Forward And Out On Right, Step Forward And Out On Left
- 31-32                   Step Back On Right, Close Left To Right

**Start Again And Enjoy**