

# Z Dance

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Linda Sansoucy (APDEL – NTA – ACDC) Aug 2012

**Music:** Z Dance de Collectif Métissé (127 bpm)



**Intro : 16 counts**

**[1-8] Side, Together, Shuffle Forward, Side, Together, Shuffle Back**

- 1-2                      Step right side, Step left together
- 3&4                    Chassé forward right, left, right
- 5-6                    Step left side, Step right together
- 7&8                    Chassé back left, right, left

**[9-16] Back Rock, Shuffle Forward, Military Pivot, Shuffle Forward or Tull Turn**

- 1-2                    Rock right back, Recover to left
- 3&4                    Chassé forward right, left, right
- 5-6                    Step left forward, Pivot ½ right 6:00
- 7&8                    Chassé forward left, right, left

**Option: Chassé Full Turn right**

**[17-24] Side Mambo, Side Mambo, Side, Together, Shuffle ¼ Turn Right**

- 1&2                    Step right side, Step left in place, Cross right over left
- 3&4                    Step left side, Step right in place, Cross left over right
- 5-6                    Step right side, Step left together
- 7&8                    Step right side, Step left together, Step right forward ¼ turn right 9 :00

**[25-32] Military Pivot, Full Turn, Walk Forward, Walk Forward, Walk Forward, Kick Forward & Clap**

- 1-2                    Step left forward, Pivot ½ right 3 :00
- 3                      Step left back turn ½ right 9 :00
- 4                      Step right forward turn ½ right 3 :00
- 5-6-7                Step left forward, Step right forward, Step left forward
- 8                      Kick right forward & Clap

**Amusez-vous bien!**

**Linda Sansoucy**

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