It's Time To Dance



Compte: 32 Mur: 4 Niveau: Ultra Beginner

Chorégraphe: Irene Tang (HK) - September 2014

Musique: From Time to Time - Rascal Flatts: (iTunes - 3:48)



Count In: After 48 counts□

SEC 1: □3 WALK, FWD POINT, 3 BACK, TOUCH

1 – 4 Walk forward 3 steps on RF, LF, RF, Point LF forward
5 – 8 Walk back 3 steps on LF, RF, LF, touch RF next to LF

SEC 2:□FWD ROCK, RECOVER, TRIPLE STEP, BACK ROCK, RECOVER, TRIPLE STEP

1 – 2 Rock RF fwd, Recover weight to LF

3&4 Triple step on spot RLR

5 – 8 Rock LF back, Recover weight to RF

7&8 Triple step on spot LRL

SEC 3:□SIDE ROCK, RECOVER, TRIPLE STEP, SIDE ROCK, RECOVER, TRIPLE STEP

1 – 2 Rock RF to R, Recover weight to LF

3&4 Triple step on spot RLR

5 – 8 Rock LF to L, Recover weight to RF

7&8 Triple step on spot LRL

SEC 4:□SIDE CLOSE SIDE TOUCH, R1/4 SIDE CLOSE SIDE TOUCH

1 – 2 Step RF to R, Close LF to RF

3 – 4 Step RF to R, Touch LF next to RF (prep for turning 1/4 R, weight on RF)

5 – 6 Finish turning 1/4 right, Step LF to L, Close RF to LF

7 – 8 Step LF to L, Touch RF next to LF

Repeat & Enjoy ~~ Dance Is LIFE, Enjoy Dancing from Time to Time

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