Tell Me Everyting's Alright

Compte: 64

Niveau: Improver

Chorégraphe: Sebastiaan Holtland (NL) - September 2014

Musique: Dear Future Husband - Meghan Trainor : (Album: Title - EP 2014)

#8 count inro after the vocals, Start dancing at (21 sec)(No Tags, No Restarts). Sec 1. 1-8: Side, Right Heel & Toe Swivel L, Hitch, ½ L, Hitch, ¼ L, Hitch. Step Lt to the left, swivel R heel left, swivel R toe left, lift R knee up. 1-4 (Weight remains on Left during right heel/toe swivels). Turn 1/2 left (6) step Rt replace, hitch L knee up, turn 1/4 left (3) step Lt replace, hitch R knee 5-8 up. Sec 2. 9-16: Fwd Rock, Recover, Side Rock, Recover, Behind, ¼ L, Side, Step, Hold. 1-4 Rock Rt fwd, recover on Lt, rock Rt to the right, recover on Lt. 5-8 Step Rt behind Lt, turn ¼ left (12) step Lt to the left, step Rt slightly fwd, Hold. Sec 3. 17-24: Side, Touch, Side Lunge, Hold, 1/2 Triple L, Hold. 1-4 Step Lt to the left, touch Rt next to Lt, lunge Rt to the right, Hold. Triple ½ left (6) step Lf slightly forward, step Rf beside Lf, step Lf slightly forward weight onto 5-8 Lf, Hold. Sec 4. 25-32: Walk 3/4 Circle To L with Holds. 1-4 Turn 1/4 left (3) walk Rt fwd, Hold, turn 1/4 left (12) walk Lt fwd, Hold. Turn 1/4 left (9) walk Rt fwd, Hold, walk Lt fwd, Hold. 5-8 Sec 5. 33-40: Hip Bumps R-L, L Elvis Knee, Hold, Hip Bumps L-R, R Elvis Knee, Hold. 1-4 Step Rt slightly to the right bump R hip to right, bump L hip to left, replace pop L knee in, Hold. 5-8 Bump L hip to left, bump R hip to right, replace pop R knee in, Hold. Sec 6. 41-48: Syncopated Rumba Box L, Hold, Syncopated Rumba Box R, Hold. 1-4 Step Rt to the right, step Lt next to Rt, step Rt slightly fwd, Hold 5-8 Step Lt to the left, step Rt next to Lt, step Lt slightly back, Hold. Sec 7. 49-56: Side Jump, Hold R-L, &1-2 Small jump to the right on Rt, touch Lt next to Rt, Hold. &3-4 Small jump to the left on Lt, touch Rt next to Lf, Hold. 5-8 Step Rt out to right, step Lt out to left, turn 1/2 left (6) rock Rt back, recover on Lt. Sec 8. 57-64: Point Fwd, Knee Roll R, Point Fwd, Knee Roll L, Fwd Rock, Recover, Side, Touch. 1-4 Point Rt fwd, R knee roll (CW) weight ending Rt, point Lt fwd, L knee roll (CCW) weight ending Lt. 5-8 Rock Rt fwd, recover on Lt, step Rt to the right, touch Lt next to Rt. Start Again and have fun! Contact: smoothdancer79@hotmail.com



Mur: 2