Da Doo Run Run (zh)

Compte: 0 **Mur:** 2 **Niveau:** Intermediate/Advanced
Chorégraphe: Roy Verdonk (NL) & Wil Bos (NL) - 2010年05月
Musique: Da Doo Ron Ron - Shaun Cassidy

前奏： 32 counts, start on vocals 32拍後唱歌起跳
Part A A部份 (72拍)

第一段 **Kick Ball Step R (x2), Rock R Forward, Recover L, ½ Turn Shuffle R.**

1&2 Kick right forward, Step on ball of right next to left, Step left forward 右足前踢, 右足併踏, 左足前踏

3&4 Kick right forward, Step on ball of right next to left, Step left forward 右足前踢, 右足併踏, 左足前踏

5-6 Rock right forward, Recover on left
右足前下沉, 左足回復

7&8 ¼ turn right step right to right side, Close left next to right, ¼ turn right step right forward (6.00)
右轉90度右足右踏, 左足併踏, 右轉90度右足前踏(面向6點鐘)

第二段 **Rock L Forward, Recover R, Coaster Step L, Rock R Forward, Recover L, ¼ Turn R Shuffle R.**

1-2 Rock left forward, Recover on right
左足前下沉, 右足回復

3&4 Step back on left, Close right next to left, Step left forward
左足後踏, 右足併踏, 左足前踏

5-6 Rock right forward, Recover on left
右足前下沉, 左足回復

7&8 ¼ turn right step right to right side, Close left next to right, Step right to right side (9:00)
右轉90度右足右踏, 左足併踏, 右足右踏(面向9點鐘)

第三段 **Cross L over R, Monterey ½ Turn R, Rock L over R, Recover R, Side Shuffle L**

1-2 Cross left over right, Point right to right
左足於右足前交叉踏, 右足右點

3-4 ½ turn right on ball of left and close right next to left, point left to left 右轉180度右足併踏, 左足左點

5-6 Cross Rock left over right, Recover on right.
左足於右足前交叉下沉, 右足回復

7&8 Step left to left side, Close right next to left, Step left to left side (3.00)
左足左踏, 右足併踏, 左足左踏(面向3點鐘)

第四段 **Kick R forward, Kick R to Right, Sailor R, Kick L forward, Kick L to Left, Sailor L with ¼ turn Left**

1-2 Kick right forward, Kick right to right side
右足前踢, 右足右踢

3&4 Cross right behind left, Step left to left side, Step right to right side 右足於左足後交叉踏, 左足左踏, 右足右踏

5-6 Kick left forward, Kick left to left side
左足前踢, 左足左踢

7&8 On ball of right ¼ turn left and cross left behind right, Step right to right side, Step left to left side (12.00)
左轉90度左足於右足後交叉踏, 右足右踏, 左足左踏(面向12點鐘)

第五段 **Ball R, Step L, Hold, Cross Rock R, Recover L, Side Shuffle R, Cross Rock L, Recover R**

&1-2 Step on ball of right next to left, Step left to left side, Hold
右足併踏, 左足左踏, 候

3-4 Cross Rock right over left, Recover on left
右足於左足前交叉下沉, 左足回復

5&6 Step right to right side, Close left next to right, Step right to right side 右足右踏, 左足併踏, 右足右踏

7-8 Cross Rock left over right, Recover on right (12.00)
左足於右足前交叉下沉, 右足回復(面向12點鐘)

第六段 Ball L, Cross R, Hold, Rock L to Left Side, Recover R, Cross Shuffle L, ¼ Turn L, ¼ Turn L

&1-2 Step on ball of left next to right, Cross right over left, Hold
左足併踏, 右足於左足前交叉踏, 候

3-4 Rock left to left side, Recover on right
左足左下沉, 右足回復

5&6 Cross left over right, Step right to right side, Cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

7-8 ¼ turn left step back on right, ¼ turn left step left to left side (6.00) 左轉90度右足後踏, 左轉90度左足左踏(面向6點鐘)

第七段 Ball R, Step L, Hold, Rock R over L, Recover L, Side Shuffle ¼ turn R, ½ Turn Shuffle R

&1-2 Step on ball of right next to left, Step left to left side, Hold
右足併踏, 左足左踏, 候

3-4 Cross Rock right over left, Recover on left
右足於左足前交叉下沉, 左足回復

5&6 Step right to right side, Close left next to right, ¼ turn right step right forward
右足右踏, 左足併踏, 右轉90度右足前踏

7&8 ¼ turn right step left to left side, Close right next to left, ¼ turn right step back on left (6.00)
右轉90度左足左踏, 右足併踏, 右轉90度左足後踏(面向6點鐘)

第八段 ¼ Turn Right step R, Cross L over R, Step R to Right side, Touch L, Ball L, Cross R, Step L, Behind Side Cross

1-2 ¼ right step right to right side, Cross left over right
右轉90度右足右踏, 左足於右足前交叉踏

3-4 Step right to right side, Touch left toes to left diagonal
右足右踏, 左足左斜前點

&5-6 Step left next to right, Cross right over left, Step left to left side 左足併踏, 右足於左足前交叉踏, 左足左踏

7&8 Cross right behind left, Step left to left side, Cross right over left (6.00)
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏(面向6點鐘)

第九段 Rock L, Recover R, Cross L Behind R, R to Right Side, Step Forward L, Pivot Turn L (x2)

1-2 Rock left to left side, Recover on right
左足左下沉, 右足回復

3&4 Cross left behind right, Step right to right side, Step left forward
左足於右足後交叉踏, 右足右踏, 左足前踏

5-6 Step forward on right, ½ turn left take weight on left
右足前踏, 左轉180度

7-8 Step forward on right, ½ turn left take weight on left (6.00)
右足前踏, 左轉180度(面向6點鐘)

Part B B部份 (32拍)

第一段 R Shuffle ¼ turn L, L Shuffle ¼ Turn L, R Shuffle ¼ Turn L, Side Shuffle L.

1&2 Step right to right side, Close left next to right, ¼ turn left step right back
右足右踏, 左足併踏, 左轉90度右足後踏

3&4 Step left to left side, Close right next to left, ¼ turn left step left forward
左足左踏, 右足併踏, 左轉90度左足前踏

5&6 Step right to right side, Close left next to right, ¼ turn left step right back
右足右踏, 左足併踏, 左轉90度右足後踏

7&8 Step left to left side, Close right next to left, Step left to left side (3.00)
左足左踏, 右足併踏, 左足左踏(面向3點鐘)

第二段 Cross R, Side L, Cross Behind R, Point L, Cross L, Side R, Cross L Behind, Point R

1-2 Cross right over left, Step left to left side
右足於左足前交叉踏, 左足左踏

3-4 Cross right behind left, Point left to left
右足於左足後交叉踏, 左足左點

5-6 Cross left over right, Step right to right side
左足於右足前交叉踏, 右足右踏

7-8 Cross left behind right, Point right to right (3.00)
左足於右足後交叉踏, 右足右點(面向3點鐘)

第三段 Cross R, Step L, Cross R Behind, Step ¼ Turn L, Step R, ¾ Turn L, Step R, Cross L Behind

1-4 Cross right over left, Step left to left side, Cross right behind left, ¼ turn left step left forward
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏, 左轉90度左足前踏

5-8 Step right forward, 3/4 turn left, Step right to right side, Cross left behind right (3.00)
右足前踏, 左轉270度, 右足右踏, 左足於右足後交叉踏(面向3點鐘)

第四段 Step ¼ Turn R, Step L, ¾ Turn R, Step L, Cross R Behind, ¼ Turn L, Step R, Pivot ½ L

1-4 ¼ turn right step right forward, Step left forward, 3/4 turn right, Step left to left side
右轉90度右足前踏, 左足前踏, 右轉270度, 左足左踏

5-8 Cross right behind left, ¼ turn left step left forward, Step right forward, ½ turn left weight on left (6.00)
右足於左足後交叉踏, 左轉90度左足前踏, 右足前踏, 左轉180度(面向6點鐘)