

Came to Git Down

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Candee Seger (USA) - October 2014

Musique: I Came to Git Down - Big & Rich : (CD: Gravity)



Dance begins on vocals.

Alternate practice song: "I Slipped and Fell in Love" by Alan Jackson

[1-8] □ POINT OUT, IN, OUT, STEP

1- 4 Weight on left: point right to right side, touch next to left, point R to right side, step R next to left (weight is now on right)

5- 8 Point left to left, touch next to right, point left to left side, step L next to right (weight on left)

[9-16] □ V STEP, GRAPEVINE RIGHT, ¼ TURN RIGHT BRUSH LEFT

1- 2 Step Right forward diagonal (1:30), Left forward diagonal (10:30),

3- 4 Right return home, left return home

5- 8 Step right, step left behind right, step ¼ turn right, brush left

[17-24] HIP BUMPS FORWARD, BACK

1- 4 Step on left 2 hip bumps forward, 2 hips bumps back on right

5- 8 Left hip, right hip, left hip, right hip

[25-32] TOE STRUTS BACK, L STEP, R STEP, WALK BACK, TOUCH R

1- 4 Left toe touch back, step down on left; right toe touch back, step down on right

5- 8 Walking back: left, right, left, touch right next to left

•Note: Near the end of the song, the beat seems to fall off--just continue dancing and accentuate the V step, which hits the 4 count drum beat.

Contact: candeeseeger@comcast.net

Last Update - 9th Dec 2014
