Dog-gone Blues (舒暢藍調) (zh)

Compte: 48 **Mur:** 4 **Niveau:** Intermediate

Chorégraphe: Jo Thompson Szymanski (USA), Michele Burton (USA) & Michael Barr (USA)

Musique: No More Doggin' - Colin James : (CD: Colin James & The Little Big Band, Amazon download)

前奏： Intro: 64 counts (29 secs) Start on Main Vocals (Total Song Duration 3m 42s)

第一段 **Walk, Walk, Kick-Ball-Cross - Brush-Hitch-Cross, Coaster Cross**
走, 走, 踢-併-交叉, 刷-抬-交叉, 海岸交叉

1 – 2 Walk Forward On Right; Walk Forward On Left
右足前踏, 左足前踏

3 & 4 Kick Right Forward To The Right Diagonal (Facing R Diag.); Step Back Onto Ball Of Right; Step Left Over Right
右足右斜前踢(面向右斜角), 右足後踏, 左足於右足前交叉踏
Moving Slightly Back Like A Lock 以鎖步方式略後移

5 & 6 Brush Ball Of Right Forward; Small Hitch With The Right Knee; Cross Right Over Left (Squaring To 12 O'Clock Wall)
右足前刷步, 右膝略抬, 右足於左足前交叉踏(面向12點鐘)

7 & 8 Step Back On Left; Step Right Next To Left; Cross Left In Front Of Right
左足後踏, 右足併踏, 左足於右足前交叉踏

第二段 **1/4 Turn Touch, Step, Touch, Step - Traveling Boogie Swivels**
1/4點, 踏, 點, 踏, 搖滾旋轉

1 – 2 Turn ¼ Right Touching Right Toe To Right Diagonal Body Facing R Diag.; Step Right In Place **(Squaring To 3 O'Clock)**
右轉90度右足右斜角點身體面向右斜角, 右足踏(轉正面向3點鐘)

3 – 4 Touch Left Toe To Left Diagonal Body Facing L Diag.; Step Left In Place **(Squaring To 3 O'Clock)**
面向左斜角左足趾左斜角點, 左足踏(轉正面向3點鐘)

5 & 6 Swivel On Ball Of Left, Touch Right Toe To Right Diagonal Body Facing R Diag. (Both Toes Point To R); Step Right In Place; Swivel On Ball Of Right, Step Left Side Left, Toes Pointing Left, Knees Slightly Bent, Body Facing L Diag.
左足旋轉, 面向右斜角右足趾斜角點(雙足趾轉向右), 右足踏, 右足旋轉左足左踏左足點膝略彎身體面向左斜角

7 & 8 Swivel On Ball Of Left, Touch Right Toe To Right Diagonal Body Facing R Diag. (Both Toes Point To R); Step Right In Place; Swivel On Ball Of Right, Step Left Side Left, Toes Pointing Left, Knees Slightly Bent, Body Facing L Diag.
左足旋轉, 面向右斜角右足趾斜角點(雙足趾轉向右), 右足踏, 右足旋轉左足左踏左足點膝略彎身體面向左斜角

第三段 **Right Sailor Step, Left Sailor 1/2 Turn - 2 Hip Walks**
水手步, 左1/2水手步, 二次推臀走步

1 & 2 Step Right Behind Left; Step Left Next To Right; Step Right Side Right
右足於左足後踏, 左足併踏, 右足右踏

3 & 4 Step Left Behind Right; Turn ½ Left Stepping Right Next To Left; Step Left Slightly Forward **(Facing 9 O'Clock)**
左足於右足後踏, 左轉180度右足併踏, 左足略前踏(面向9點鐘)

5 & 6 Touch Right Toe Forward With A Forward Right Hip Bump; Keeping Right Toe Forward Return Weight To Left Hip (&); Step Onto Right In Place
右足趾前點前推臀, 後推臀, 右足踏

7 & 8 Touch Left Toe Forward With A Forward Left Hip Bump; Keeping Left Toe Forward Return Weight To Right Hip (&); Step Onto Left In Place
左足趾前點前推臀, 後推臀, 左足踏

第四段 **Rock, Return, Triple 1/2 Turn Right - Rock, Return, Triple 1/2 Ball Cross**
下沉 回復, 轉交換, 下沉 回復, 轉交換交叉

1 – 2 Rock Forward Onto Right Foot; Return Weight Onto Left In Place
右足前下沉, 左足回復

3 & 4 Turn ½ Right Stepping Right Forward; Step Left Next To Right; Step Right Forward 右轉180度右足前踏, 左足併踏, 右足前踏

5 - 6 Rock Forward Onto Left Foot; Return Weight Onto Right In Place
左足前下沉, 右足回復

7 & 8 Turn ½ Left Stepping Left Forward; Step Ball Of Right Side Right; Step Left Over Right 左轉180度左足前踏, 右足右踏, 左足於右足前交叉踏

第五段 Side Touch With Knee Pops, Ball Cross – Repeat
側 點帶膝彈, 併 交叉 併 交叉

Note: In The Next 8 Counts "Knee Pop" Indicates A Gentle Straightening Of The Leg.
這一段Knee Pop膝彈的動作, 是腿伸直的和緩動作

&1-2-3 Step Right Side Right; Touch Left Toe To Left Diagonal Body Facing L Diag (L Leg Should Be Straight); Left Knee Pop; Left Knee Pop
右足右踏, 面向左斜角左足趾斜角點(左腿伸直), 左膝彈, 左膝彈

& 4 Step Ball Of Left Slightly Back; Step Right Over Left Squaring Body
左足略後踏, 右足於左足前交叉踏(身體轉正)

&5-6-7 Step Left Side Left; Touch Right Toe To Right Diagonal Body Facing R Diag (R Leg Should Be Straight); Right Knee Pop; Right Knee Pop
左足左踏, 面向右斜角右足趾斜角點(右腿伸直), 右膝彈, 右膝彈

& 8 Step Ball Of Right Slightly Back; Step Left Over Right Squaring Body
右足略後踏, 左足於右足前交叉踏(身體轉正)

第六段 Vaudevilles – Paddle Full Turn Left
踏 交叉 踏 點, 划槳步左轉圈

&1&2 Step Right Side Right; Touch Left Toe To Left Diagonal; Step Ball Of Left Slightly Back; Cross Right Over Left
右足右踏, 左足趾左斜角點, 左足略後踏, 右足於左足前交叉踏

&3&4 Step Left Side Left; Touch Right Toe To Right Diagonal; Step Ball Of Right Slightly Back; Step Left In Front Of Right
左足左踏, 右足右斜角點, 右足略後踏, 左足於右足前交叉踏

&5&6 Step Ball Of Right Side Right; Turn ¼ Left Stepping Onto Left; Repeat
右足右踏, 左轉90度, 右足右踏, 左轉90度

&7&8 Step Ball Of Right Side Right; Turn ¼ Left Stepping Onto Left; Repeat
右足右踏, 左轉90度, 右足右踏, 左轉90度

TAG – Following The First Repetition Of The Dance, Repeat The Last 16 Counts (33-48). You Will Be Facing The 9 O'Clock Wall When You Start The Second Repetition.
第一面牆重覆最後16拍, 將會面向9點鐘, 從頭起跳
At The End Of The Song, Finish The Paddle Turn Facing The Front.
舞曲結束時以划槳步方式面向前面牆結束