Compte: 64 Mur: 4
Niveau: Intermediate
Chorégraphe: Leigh Redman - September 2014
Musique: Pick U Up - Adam Lambert : (Album: For Your Entertainment - 4:01)
\#32 count intro weight on L facing forward: CW rotation.
Cross, side, sailor, cross, side, sailor $1 / 2$
1-2 $\quad$ Step $R$ across in front of $L$, step $L$ to $L$ side
3\&4 Step $R$ behind $L$, step $L$, recover $R$
5-6 Step $L$ across in front of $R$, step $R$ to $R$ side
7\&8 Step $L$ behind $R$ turning $1 / 2 L$, step $R$, recover $L$ (facing 6 o'clock)
Dorothy R, Dorothy L, pivot $1 / 2$, shuffle $1 / 2$
1-2\& Step $R$ forward at $45 \square$ cross $L$ behind $R$, small step forward to $R$ at 45 ,
3-4\& Step $L$ forward at $45 \square$ cross $R$ behind $L$, small step forward to $L$ at $45 \square$,
5-6 Step R forward pivot $1 / 2 \mathrm{~L}$ (facing 12 o'clock)
7\&8 Step forward $R$, step $L$ beside $R$ turning $1 / 4 R$, step $R$ back turning $1 / 4 R$ (facing 6 o'clock)
Walk back, back, coaster back, point $1 / 4 \mathrm{R}$, hinge $1 / 2$
1-2 Walk back $L$, walk back $R$
3\&4 Step $L$ back, step $R$ together, step $L$ forward,
5\&6 Point $R$ to $R$ side, turn $1 / 4$ to $R$ (facing 9 o'clock) replacing $R$ beside $L$, step $L$ to $L$ side keeping weight on $R$
7-8 Push off $L$ turning $1 / 2$ on $R$ (facing 3 o'clock)
Side shuffle, cross shuffle, rock, recover, behind, $1 / 4 L$, step
$1 \& 2$ Step $L$ to $L$, step $R$ beside $L$, step $L$ to $L$,
3\&4 Step $R$ across $L$, step $L$ to $L$ beside $R$, step $R$ across $L$
5-6 Step $L$ to $L$ side, recover on $R$
7\&8 Cross $L$ behind $R$, step $R$ to $R$ side turning $1 / 4 L$, step $L$ (facing 12 o'clock)
Step touch, Step touch, kick ball change, out, out, touch
1-2 Step $R$ forward to $R$ side, touch $L$ beside $R$ and clap
3-4 Step $L$ forward to $L$ side, touch $R$ beside $L$ and clap
5\&6 Kick $R$ in front, step $R$ in place, step $L$
\&7-8 Step $R$ out to $R$ side, step $L$ out to $L$ side Touch $R$ beside $L$ (facing 12 o'clock) [RESTART WALL 5]

Cross, point, sailor step, behind, side, cross shuffle
1-2 $\quad$ Step $R$ across $L$, point $L$ to $L$ side
3\&4 Step $L$ behind $R$, step $R$, recover $L$
5-6 Step $R$ back behind $L$, Step $L$ to $L$ side
7\&8 Step $R$ across L, step L to L beside R, step R across L (facing 12 o'clock)

Side rock, recover, behind, $1 / 4 R$, step, rock, recover triple turn
1-2 Step $L$ to $L$ side, Recover on $R$
3\&4 Cross $L$ behind $R$, Step $R$ to $R$ side turning $1 / 4 R$, step $L$
5-6 Step forward $R$, recover on $L$
7\&8 Full turn clockwise stepping R, L, R (facing 3 o'clock)
Walk, Walk, cross samba, cross samba, Shuffle fwd
1-2 Walk forward L, Walk forward R

Restart on wall 5: After count 40 hold for 4 counts then restart
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