After The Storm



Compte: 32 Mur: 1 Niveau: Beginner

Chorégraphe: Annie Saerens (BEL) - November 2014

Musique: Calm After the Storm - The Common Linnets



KICK BALL STEP, STEP, TOUCH, SHUFFLE, STEP, TOUCH

1&2	Kick R forward	step R next to L	sten I forward
IQZ	NICK K IOIWalu.	. Sied K nexi id L	. Sied L idiwaid

3-4 Step R forward, touch L behind R

5&6 Step L back, step R next to R, step L back

7-8 Step R back, touch L in front of R

FWD STEP, SIDE TOUCH, FWD STEP, SIDE TOUCH, 1/4 TURN JAZZ BOX TOUCH

1-2 Step L forward, touch R to side,3-4 Step R forward, touch L to side

5-6 Cross over with L, ¼ turn L stepping back with R

7-8 Step L to side, touch R next to L

CHASSE, ROCK STEP, KICK BALL CROSS, SIDE ROCK STEP

1&2 Step R to side, step L next R, step R to side

3-4 Rock L back, recover onto R

5&6 Kick L diagonal forward, step L next to R, cross over with R

7-8 Rock L to side, recover onto R

L SAILOR, R SAILOR ¼ TURN, FWD STEP, ½ TURN PIVOT, BACK ROCK STEP

1&2 Cross behind with L, step R to side, step L to side

3&4 Cross behind with R, step L back making ¼ turn R, step R forward

5-6 Step L forward, make ½ turn R (weight is on L)

7-8 Rock back with R, recover onto L

Repeat

Choreographer's Email: annie.saerens@countryplanet.be

Last Update - 7th Nov 2014