McMotion



Compte: 104 Mur: 1 Niveau: Advanced - Non-Country with

WCS feel

Chorégraphe: Linda McCormack (UK) & Rachael McEnaney (USA) - November 2014

Musique: The Locomotion (Live) - Kylie Minogue: (Album: Showgirl - Homecoming Live -

4:43)

Count In: 8 counts from when first beat kicks in, Start dancing at approx 35secs.

Notes: A, B, A (with 1/4 turn), B, B, A, B, B END.

Part A: 72 counts

A [1 – 8] Step R to R diagonal, touch L with hip bump, Step L to diagonal, touch R with hip bump, R fwd rock, R back, $\frac{1}{2}$ turn L

1 2 Begin the dance facing the back: Step R to right diagonal (1), touch L next to R as you bump

hip to left (2), 6.00

3 4 Step L to left diagonal (3), touch R next to L as you bump hip right (4) 6.00

5 6 7 8 Rock R forward (5), recover weight L (6), step back R (7), make ½ turn left stepping forward

L (8) 12.00

*2nd wall At end of part B on 1st wall you will be facing 3.00: Do the first 8 counts as above but on count you will make a ¼ turn left (not ½)

A [9 – 16] Walk fwd R-L, R side ball change, R cross, L side ball change, R step, L cross, ¾ turn L

1 2 & 3 4 Step forward R (1), step forward L (2), step ball of R to right side (&), step slightly forward L

(3), cross R over L (4) 12.00

& 5 6 Step ball of L to left side (&), step slightly forward R (5), cross L over R (6), 12.00 Make ¼ turn left stepping back R (7), make ½ turn left stepping forward L (8) 3.00

A [17 – 24] ¼ turn L stepping side R, L ball-cross R, L sweep, L cross, ¼ R shuffle, ½ L shuffle

1 & 2 Make ¼ turn left taking big step with R to right (drag L toe towards R) (1), step slightly back

on ball of L (&), cross R over L (2) 12.00

3 4 Sweep L foot from back to front (3), cross L over R (4) 12.00

5 & 6 Make ¼ turn right stepping forward R (5), step L next to R (&), step forward R (6) 3.00

7 & 8 Make ½ turn left stepping forward L (7), step R next to L (&), step forward L (8) 9.00

A [25 – 32] Running "paddle turn" R (full turn), L side rock, L behind, R side, L cross

1 & Step forward R making 1/8 turn right (1), step ball of L forward making 1/8 turn right (&),

12.00

2 & Step forward R making 1/8 turn right (2), step ball of L forward making 1/8 turn right (&), 3.00

3 & Step forward R making 1/8 turn right (3), step ball of L forward making 1/8 turn right (&), 6.00

4 5 6 Step forward R making 1/4 turn right (4), rock L to left (5), recover weight R (6) 9.00

7 & 8 Cross L behind R (7), step R to right side (&), cross L over R (8) 9.00

A [33 – 40] Big step R with drag, L ball-cross R, L sweep, L cross, $\frac{1}{4}$ R shuffle, $\frac{1}{2}$ L shuffle (similar to counts 17-24)

1 & 2 Take big step R (drag L toe towards R) (1), step slightly back on ball of L (&), cross R over L (2) 9.00

3 4 Sweep L foot from back to front (3), cross L over R (4) 9.00

5 & 6 Make ¼ turn right stepping forward R (5), step L next to R (&), step forward R (6) 12.00

7 & 8 Make ½ turn left stepping forward L (7), step R next to L (&), step forward L (8) 6.00

A [41 – 48] R 'Dorothy step', diagonal L, $\frac{1}{2}$ turn R sailor step, 1/8 R with L ball-cross R, $\frac{1}{4}$ R with slide L, $\frac{1}{4}$ R flick L

1 2 & 3 Step R to right diagonal (1), lock ball of L behind R (2), step R to right diagonal (&), step L to left diagonal (3) 6.00

4 & 5	Lock ball of R behind L (4), make ¼ turn right stepping L next to R (&), make ¼ turn right stepping forward R (angle to diagonal 1.30) (5) 1.30
& 6	Still facing diagonal (1.30): Step ball of L to left side (&), cross R over L (6) 1.30
7 8	Make ¼ turn R taking big step to left with L (7), make ¼ turn R stepping R next to L as you
7 0	flick L foot back (8)
(styling: we like to make count 7 a slide on the floor with L foot) 6.00	
A [49 – 56] L fwd, R kick, x2 R ball change, walk fwd R-L-R, ½ pivot turn L	
12&3	Step forward L (1), kick R forward (2), step slightly back on ball of right (&), step in place L
	(3), 6.00
& 4	Step slightly back on ball of right (&), step in place L (4) 6.00
5678	Step forward R (5), step forward L (6), step forward R (7), pivot ½ turn L (8) 12.00
3070	Step forward K (5), step forward L (6), step forward K (7), pivot $\frac{1}{2}$ turn L (6) 12.00
A [57 – 64] Side R, touch L, side L touch R, 1 ¾ rolling turns to R,	
12	Step R to right side (1), touch L next to R (2)
Optional arms: lift R arm straight up (1), bring R arm down as if touching L shoulder (&), take R arm straight down to right side 45°(2) 12.00	
3 4 Step L to left side (3), touch R next to L (4)	
	lift L arm straight up (3), bring L arm down as if touching R shoulder (&), take L arm straight
•	the 45° (4) 12.00
5 6	Make ¼ turn right stepping forward R (5), make ½ turn R stepping back L (6), 9.00
7 8	Make ½ turn R stepping forward R (7), make ½ turn R stepping back L (8) 9.00
A [65 – 72] ¼ R with Syncopated chasse R (with optional body roll), hold, hip bump L-R, big hip circle L	
1 2	Make ¼ turn right stepping R to right side as you begin optional body roll backwards (angle
0.0.4	body to 10.30) (1), hold or finish bodyroll(2) 12.00
& 3 4	Step L next to R (&), step R to right side as you begin optional body roll backwards (angle
5070	body to 10.30 (3), hold or finish bodyroll (4) 12.00
5678	Bump hips to left (5), bump hips to right (6), take hips left and continue making a circle with hips counter-clockwise (weight ends L) (8) 12.00
PART B: 32 counts	
B [1 – 8] R vaudeville, L vaudeville with ¼ L, R vaudeville, R ball, L cross, R back	
1 & 2	Cross R over L (1), step L to left side (&), touch R heel to right diagonal (2) 12.00
& 3 & 4	Step in place on R (&), cross L over R (3), make ¼ turn left stepping back R (&), touch L heel to left diagonal (4) 9.00
& 5 & 6	Step in place on L (&), cross R over L (5), step left to left side (&), touch R heel to right diagonal (6) 9.00
& 78	Step in place on R (&), cross L over right (7), step back R (8) 9.00
B [9 – 16] Step L next to R, take big step fwd R, brush L, ¼ turn R stepping side L, touch R, hold, ¼ turn R	
	ut (R-L), hold, step in-in (R-L), step out-out (R-L)
& 1 2	Step L next to R (&), take big step forward R (1), brush L next to R (2) 9.00
& 3 4	Make ¼ turn right stepping L to left side (&), touch R next to L (3), hold (snap fingers above head for style) (4) 12.00
& 5 6	Make ¼ turn right stepping R to right side (slightly back) (&), step L to left side (5), hold (6) 3.00
&7&8	Step slightly back on R (&), step L next to R (7), step R to right side (slightly back) (&), step L
	to left side (8) 3.00
B [17 – 24] R jazz box, ¼ turn L into R weave	
1234	Cross R over L (1), step back L (2), step R to right side (3), step forward L (4) 3.00
& 5 & 6	Make ¼ turn left stepping R to right side (&), cross L behind R (5), step R to right side (&),
	cross L over R (6) 12.00
& 7 & 8	Step R to right side (&), cross L behind R (7), step R to right side (&) cross L over R (8) 12.00
B [25 – 32] R point, R cross, L point, L cross, ¼ turn R with R toe strut (see styling), L toe strut (see styling)	

Point R to right side (1), cross R over L (2), point L to left side (3), cross L over R (4) 12.00

Make ¼ turn right as you press ball of R forward (5), drop R heel to floor (style: as you do this slide L foot back) (6) 3.00

Press ball of L forward (7), drop L heel to floor (style: as you do this slide R foot back) (8)

NOTES

A, B, A (with ¼ turn), B, B, A, B, B END.

.1st wall: Do the whole dance through part A and part B, you will finish B facing 3.00

.2nd wall: See notes above under part A counts 1-8, you will make a ¼ turn left instead of ½ turn so that you are facing front to continue dance as before.

Then do part B twice.

.3rd wall: Part A, then Part B followed by the ENDING below

END: For a nice finish: on 3rd wall – during second time of part B dance up to count 24, then have everyone run to the right and then towards the center for a big "TA-DA!!!" – jazz hands finishing pose!!

START AGAIN - HAVE FUN

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