You Raise Me Up Waltz

Niveau: Low Intermediate waltz

Chorégraphe: Karen Tripp (CAN) - December 2014

Musique: You Raise Me Up - Susann Taylor : (Album: Ballroom Perfection - Casa Musica online)

Ending: Dance ends after 48 counts facing 12:00

Wait 4 measures (12 counts), left lead

Compte: 48

TWINLE ¼ LEFT; SYNCOPATED WEAVE 4 (9:00)

- 1-2-3 Cross left over right as you start turning the body left ¼, step side right, close left to right (9:00)
- 4-5&6 Cross right over left, step side left, step right behind left, step side left

CROSS LUNGE, RECOVER, SIDE; CROSS LUNGE, RECOVER, SLOW SWEEP

- 7-8-9 Cross right over left bending both knees slightly, recover to left, step side right
- 10-11-12 Cross left over right bending both knees slightly, recover to right, sweep left foot from front towards back over 2 counts(no wt)

SAILOR ¼ LEFT; FORWARD, LOCK, FORWARD (6:00)

- 13-14-15 Continuing the sweep, step left behind right as you turn ¼ left, step on right squaring up to 6:00, step slightly forward left
- 16-17-18 Step forward right, lock left behind right, step forward right

FORWARD COASTER STEP; BACK COASTER STEP

- 19-20-21 Step forward left, close right to left, step back on left
- 22-23-24 Step back on right, close left to right, step forward on right

FORWARD WALTZ; BACK, ½ TURN LEFT (12:00)

- 25-26-27 Step forward left, close right to left, step slightly forward left
- 28-29-30 Step right foot back turning toe in to prep for turn, turn ½ left and step forward left, step forward right

FORWARD, TAP TWICE; BACK, SLOW SWEEP

- 31-32-33 Step left forward, tap right toe diagonally right twice
- 34-35-36 Step back on right, sweep left toe from front towards back over 2 counts

BACK WEAVE 3, SIDE DRAW RIGHT WITH TOUCH

- 37-38-39 Step left behind right, step side right, cross left over right
- 40-41-42 Big side step right, drag left toe next to right over 2 counts

LEFT FULL TURN ROLL IN 3, RIGHT TWINKLE (12:00)

- 43-44-45 Turn 1/4 left and step left, turn 1/2 left and step back on right, turn 1/4 left and step side left
- 46-47-48 Cross right over left, step side on left angling body slightly to right, close right to left

ENDING: Step left in front of right and slightly bend both knees, as you slowly bring arms out to sides.





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