Rock That Body

Compte: 32

Niveau: Improver

Chorégraphe: Arjan Wesselius (DK) - December 2014

Musique: Rock That Body - Black Eyed Peas : (Funk)

#48 Counts intro from the beginning.

(1-8) 2x Walk, Side Rock Right, Step forward, Side Rock Left, Step together weight switch

- 1 2 Walk forward on Right foot, Walk forward on Left foot,
- 3 4Step Right foot to Right side, Recover on Left foot,
- 5 6 Step forward on Right foot, Step Left foot to Left side,
- 7 8 Recover on Right foot, Step Left foot beside Right and switch weight on to Left foot.

(9-16) 3x Walk backwards, Kick Left forward, Slow Coaster Step, Hold

- 1 2 Walk backwards on Right foot, Walk backwards on Left foot,
- 3 4 Walk backwards on Right Foot and Kick Left foot forward,
- 5 6Step back on Left foot, Step Right beside Left,
- 7 8 Step forward on Left foot, and Hold.

(17-24) Chasse Right, Heel touch, Stomp, Weave With a 1/4 turn Left.

- 1&2 Step Right foot to Right side, Step Left foot beside Right foot, Step Right foot to Right side,
- 3 4 Touch Left heel diagonally forwards, Stomp Left foot down, taking weight on left foot,
- 5 6 Cross Right foot over Left, Step Left foot to Left side,
- 7 8 Cross Right foot behind Left foot, Make a ¹/₄ turn Left stepping forward on Left. (09.00)

(25-32) Rocking Chair, ½ Pivot Turn, 2x Walk.

- Step forward on right foot, Recover weight on Left foot. 1 – 2
- 3 4 Step back on Right foot, Recover weight on Left foot.
- Step forward on Right foot, Make a 1/2 turn left taking weight on left foot, (03.00) 5 – 6
- 7 8 Walk forward on Right foot, Walk forward on Left foot.

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