

# My My - Kpop

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Seok Wai (SG) - January 2015

Musique: My My - Apink



Intro- 32 counts on heavy beat (start dance on main vocals) (Note: see video demo for styling )

\*Special thanks to my teacher ,John Ng for guiding me in choreographing this dance

## **S1: WALK R-L-R-L, HIP SWAY R-L-R-L**

(Styling:Place both fists under your chin- act cute and have fun )

- 1-2 Step R forward, step L forward
- 3-4 Step R forward, step L forward
- 5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

## **S2: BACK R-L-R-L, HIP SWAY R-L-R-L**

(Styling:Place both fists under your chin- act cute and have fun )

- 1-2 Step R back, step L back
- 3-4 Step R back, step L back
- 5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

## **S3: R SIDE CHA CHA, BACK ROCK, L SIDE CHA CHA, BACK ROCK**

(Styling :1 n 2 : Swing both arms (anti-clockwise),3-4 Throw both arms to R side ,

- 5 & 6 Swing both arms (clockwise),7-8 : Throw both arms to L side)
- 1&2 Step R to R side, step L beside R, step R to R side
- 3-4 Rock L behind R, recover on R
- 5&6 Step L to L side, step R beside L, step L to L side
- 7-8 Rock R behind L, recover on L

## **S4: R TOE STRUT, L TOE STRUT, MONTERY ½ R**

(Styling : 1234 Snap your fingers)

- 1-2 Touch R forward, step R down
- 3-4 Touch L forward, step L down
- 5-6 Point R to R side, ½ turn R step R beside L
- 7-8 Point L to L side, step L beside R

## **S5: R SIDE ,L BEHIND, ¼ R CHA CHA,L FORWARD , PIVOT ½ L, ¼ L CHA CHA**

(Styling : 56 7 & 8 : Both arms up form a 'V' shape )

- 1-2 Step R to R side, step L behind R
- 3&4 ¼ turn R step R forward, step L behind R, step R forward
- 5-6 Step L forward, pivot ½ L
- 7&8 ¼ turn L step L to L side, step R beside L, step L to L side

## **S6: TOUCH R FORWARD, HIP ROLLS, TOUCH L FORWARD, HIP ROLLS,**

(Styling :1234: Cross arms - Up , 5678 : Cross arms – Down )

- 1-4 Touch R forward and roll hips 4 times
- 5-8 Touch L forward and roll hips 4 times

## **S7: JUMP TO R, BUMP HIPS, JUMP TO L, BUMP HIPS**

(Styling : 1-4 : L hand on hip ,R fist draw small circle (anti- clockwise),

- 5-8 R hand on hip, L fist draw small circle ( clockwise) )
- 1-4 Jump to R and bump hips to R 4 times
- 5-8 Jump to L and bump hips to L 4 times

**S8: KICKS R-L-R-L, HIP SWAY R-L-R-L**

**(Styling : 5-8 : Cross arms – use hands back rubbing face )**

1&2& Kick R forward, step R beside L, kick L forward, step L beside R

3&4& Kick R forward, step R beside L, kick L forward, step L beside R

5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

**Restarts :-**

**\*On wall 4, Restart dance after 32 counts.\***

**\*\*On wall 5, Restart dance after 40 counts.\***

**\*\*\*On wall 6, Restart dance after 56 counts.\***

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