Shut Up and Dance

Compte: 48

Niveau: Intermediate

Chorégraphe: Cody Flowers (USA) - February 2015

Musique: Shut Up and Dance - WALK THE MOON

maoique		
Awards: USLDCC 2nd Place Intermediate/Advanced at The Big Bang Dance Classic 2015		
*2 Restarts (wall 3 & 5)		
(1-8) Scuff, Touch Back, ¾ Turn L, Sailor Step, Sailor Step		
12	Scuff R, Touch R back	
34	Twist body R (to look back at 6:00), ¾ Turn left stepping R to R side (9:00)	
5&6	Step L behind R, Step R to R side, Step L to L side	
7&8	Step R behind L, Step L to L side, Step R to R side	
(9-16) Hitch, Toe Touch, Knee Pops, & Rock Recover, & Rock Recover		
12	Hitch L knee across body, STEP L back to L	
34	Pop R knee toward L, Pop L knee toward R Thank you! Cody	
&56	Step R beside L, Rock L to L side, Recover weight on R	
&78	Step L beside R, Rock R to R side, Recover weight on L	
(17-24) & Rock	Recover, Back Lock Back, ¾ Turn R, Behind Side Cross	
&12	Step R beside L, Step L forward rocking onto L, Recover weight on R	
3&4	Step back on L foot, Lock R over L, Step back on L foot	
56	1/4 Turn R stepping R to R side (12:00), 1/2 Turn R stepping L to L side (6:00)	
7&8	Step R behind L, Step L to L side, Cross R over L	
(25-32) Rock R	Recover, Behind Side Cross, Big Slide, Together, ¼ Coaster Step	
12	Rock L to L side, Recover weight on R	
3&4	Step L behind R, Step R to R side, Cross L over R	
56	Large step R to R side, Drag L to R foot	
7&8	¼ Turn L stepping back on L foot (3:00), Step R beside L, Step L forward	
(33-40) Kick ar	nd Touch, Kick and Touch, Cross in Front, Cross in Front	
1&2	Kick R foot forward, Step R beside L, Touch L to L side	
3&4	Kick L foot forward, Step L beside R, Touch R to R side	
5&6	Cross R over L, Step L to L side, Step R forward	
7&8	Cross L over R, Step R to R side, Step L forward	
**Restart here	on Walls 3 & 5.	
(41-48) ¼ Box Turn, ¼ Box Turn		
12	Cross R over L, ¼ Turn R stepping back on L (6:00)	
34	Step R forward, Step L beside R	
56	Cross R over L, ¼ Turn R stepping back on L (9:00)	
78	Step R forward, Step L beside R	

Contact: co.flowers@wingate.edu

Last Update : Sept 14th, 2015



COPPER KNO

Mur: 0