# **Unchained Heart**



Compte: 32 Mur: 4 Niveau: Absolute Beginner

**Chorégraphe:** Mike Stringer (UK) - January 2015 **Musique:** Unchain My Heart - Ray Charles



#### #16 Count Intro

## SIDE, TOGETHER, SIDE TOUCH X2

1-2	Step right to right side, Step left next to right
3-4	Step right to right side, Touch left next to right
5-6	Step left to left side, Step right next to left,
7-8	Step left to left side, Touch right next to left

# FORWARD, TOUCH, BACK, TOUCH, BACK TOUCH, FORWARD, BRUSH

1-2	Step right forward, Touch left next to right
3-4	Step left back, Touch right next to left
5-6	Step right back, Touch left next to right

7-8 Step left forward, Brush right foot from back to forward

## WALK FORWARD RIGHT, LEFT, RGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH

1-2	Walk forward on right, Walk forward on left
3-4	Walk forward on right, Kick left forward
5-6	Walk back on left, Walk back on right

7-8 Walk back on left, Touch right next to left (putting weight on balls of feet)

### SWIVEL HEELS, TOES, HEELS, CLAP, GRAPEVINE 1/4 LEFT, STOMP WITH CLAP

1-2	Swivel heels right. Swivel toes	عادند
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3-4 Swivel heels right, clap hands (putting weight on right)

5-6 Step left to left side, Step right behind left

7-8 Step forward left turning ¼ over left shoulder, Stomp right next to left as you clap (or click)

## BEGIN AGAIN, ENJOY, SMILE

Contact: peppermintpolo1@hotmail.co.uk